Shopping Under The Stars.ca
Friday, Dec. 10th
spring garden
Always in season.

**'I CAME BACK STRONGER'**
CORBEIL LOOKING TO REDEEM HIMSELF {page 31}



**PIRATES SET SAIL**
AN EXCLUSIVE PEEK AT THE LATEST MOVIE
{page 15}



HALIFAX metro®
Thursday, December 9, 2010
www.metronews.ca
News worth sharing.

LASIK MD
Celebrating 20 years of LASIK
20th Anniversary Financing
$0 down $0 payments 0% interest
LASIK NOW, PAY IN 2012!
1-866-999-0435 • www.lasikmd.com

THE CANADIAN PRESS



▶ An undated family handout photo of Howard Hyde.

# Struggle led to death of Hyde: Inquiry

**▶ Hyde's death result of a 'physiological change' brought on by struggle with jail guards, not 'excited delirium': Judge ▶ Inquiry head makes 80 proposals to improve care for mentally ill in justice system**



ALEX BOUTILIER
@METRONEWS.CA

What Howard Hyde needed on the night he died was "human contact, reassurance and kindness," according to the head of the inquiry into his jail cell death.

"Even though he was acutely ill, Mr. Hyde was reassured and comforted 'by talking to him,'" Judge Anne Derrick wrote in the conclusion of her 460-page report on the events leading to Hyde's death. "Understanding this is to understand Mr. Hyde's humanity and in him, ourselves."

The report is the result of an 11-month inquiry into Hyde's death on Nov. 22, 2007, at the Central Nova Correctional Facility in Burnside.

Derrick's account paints the picture of a series of miscommunications between police, doctors, sheriffs and corrections staff, all working on incomplete information about Hyde's mental state and medical history over the course of his arrest and detainment.

On the night arrested, Hyde had not been taking medication for his schizophrenia for approximately five months.

**Details of arrest**

- On Nov. 21, 2007, Hyde's common-law wife accused him of assaulting her, and told police he had not been taking his medications.
- He was agitated at the police station and was Tasered several times. His heart stopped, but paramedics revived him.
- The next day he died in a holding cell after a struggle with guards.

But Derrick said Hyde's mental illness was not the cause of death.

"(Schizophrenia) did make him fearful, anxious and delusional but it is completely unhelpful to link his death to his diagnosis," Derrick wrote. "The only useful approach is to understand that Mr. Hyde died because of physiological changes in his body brought on by intense struggle involving restraint."

Derrick's ruling goes against the chief medical examiner's report that asserted Hyde died from "excited delirium due to paranoid schizophrenia."

Derrick also ruled out the use of conducted energy weapons, or Tasers, as cause of death. MORE COVERAGE, PAGE 3

## Hyde's family 'relieved' by report's release

Howard Hyde's sister felt a lot of relief yesterday. The findings marked the end of an 11-month fatality inquiry, the longest in the province's history.

"My husband and I are relieved the judge has virtually dismissed the notion of excited delirium. She also said my brother did not die from schizophrenia," Joanna Blair said by phone.

"I personally do not even believe in the concept of schizophrenia, either, along with excited delirium."

Blair said she was impressed by the thorough report.

When asked if she had something to say to Justice Minister Ross Landry, she said it was difficult because he wasn't the minister back then. "Right now my immediate reaction is I don't have any ill feelings about this report. I feel a sense of relief." ● JENNIFER TAPLIN

Give a Case of Holiday Cheer!
JUST IN TIME FOR THE HOLIDAYS
MIXED CASE SPECIALS
Value Case
Reg. Price $144.85
$119.99 SAVE $24.86
Deluxe Case
Reg. Price $267.90
$219.99 SAVE $47.91
Home or office delivery available
Give the gift of great taste with special wine gift baskets starting at $29.95
HARVEST WINES and spirits
757 Bedford Hwy • 443.7897
(next to Clearwater Seafood)
—a Micco company—



# SALE FROM $2

Select items at $2, $5, $10 and $20 in all departments.*




*Items shown not included in the offer. While supplies last. Selection may vary by store.

# Minister to take time with Hyde report

Justice Minister Ross Landry said he needs time to review Judge Anne Derrick's report on the death of Howard Hyde before committing to any of the report's 80 recommendations.

"What's important here is that we take time to study the full depth of that report," Landry said yesterday.

The recommendations are sweeping; implementing them all would involve not only increasing resources for both the departments of justice and health, but change the way front-line officers and responders deal with people with mental health issues.

"We have taken some steps ... already to ensure there's training and upgrading of sheriffs, police and correctional officers," said Landry.

Health Minister Maureen MacDonald said she hasn't had time to properly review the report, but agreed additional training was required.

"Generally speaking, we know we have to do more to assist people in our justice system and in our health-care system around crises intervention, good assessment, and communication between different systems," she said.

Halifax Regional Police were similarly hesitant to comment on the content of Derrick's report.

"We are waiting to comment until such time as we have been able to fully review and digest the material contained in the report," said spokesman Const. Brian Palmeter.

ALEX BOUTILIER

**Emphasis**

- Sixteen of Derrick's 80 recommendations deal with new or increased training for police, corrections staff and physicians in dealing with prisoners with mental illness.

RYAN TAPLIN/METRO



▶Justice Minister Ross Landry

# Report does right by Hyde, says counsel

**Hyde's story has attracted national attention because victim was Tasered and then later died**



JENNIFER TAPLIN
@METRONEWS.CA

Justice has been done to the story of Howard Hyde, said Dan MacRury, the inquiry's lead counsel.

MacRury said the point of the inquiry and the final report was not to assign blame but to make recommendations.

"It's very detailed, compassionate and I believe her report is a blueprint and a guide to how we should treat the mentally ill in the criminal justice system and in the health system in our province."

It's clear the system can do a better job in how it deals with the mentally ill and how all players need better training, he said.

Hyde's sister Joanna Blair said she thinks the after-effects of her brother's death will make an impact.

**"I feel relieved primarily due to the fact the judge dismissed the controversial term 'excited delirium' due to paranoid schizophrenia as the cause of my brother's death."**
JOANNA BLAIR,
HOWARD HYDE'S SISTER

"I believe a lot of people in the province will be paying attention to this. It was certainly a monumental task involving many people."

She said she hoped for a ban on Tasers but was satisfied with how the issue was handled in the report.

RYAN TAPLIN/METRO



▶ Dan MacRury, lead counsel for the Howard Hyde inquiry, speaks with reporters yesterday at the Nova Scotia Public Prosecution office.

1 news

With Arcade Fire topping charts and packing MSG, is it time to retire 'indie?' Scan code for story.

**On the web at metronews.ca**

**A freed Canadian hostage recounts his captivity in Nigeria. Video at metronews.ca.**

HALIFAX FOLKLORE CENTRE
1528 Brunswick St.
422-6350
Located just off Spring Garden Rd.
Come to our HOLIDAY SALE!
Guitars, banjos, mandolins, ukes, etc... at great prices

halifaxfolklorecentre.com

DeSerres
Holiday Magic
1546 Barrington Street

19.95
Fuse Frame with 7 openings
18" x 24"
LFUS1824W
FINE ARTS
CREATIVE DIY
GRAPHIC ARTS
ACTIVITIES FOR KIDS
SCRAPBOOKING & FINE PAPERS
STICK-ON DECORATION
FRAMING
FURNITURE
BOOKS
Prices in effect until December 31, 2010 or while supplies last.
26 stores across Canada | Since 1908
Shop online DESERRES.CA

# Fatal blast results in $38K fine for O'Regan's

## Sentence expresses deterrence and denunciation for lapses in workplace safety: Judge

The family of Kyle Hickey didn't talk to the media afterwards, but it was obvious by their tears they were disappointed in the sentencing of O'Regan's Chevrolet Cadillac Ltd. yesterday morning.

Hickey, 22, was working at O'Regan's Kia in Dartmouth when an explosion ripped through the body shop on March 13, 2008. He died the next day in hospital.

O'Regan's pleaded guilty to a charge under the Occupational Health and Safety Act in September and yesterday the corporation was handed a $38,750 penalty.

Judge Pam Williams said fire investigators determined the ignition point of the explosion — a gun wash barrel — but the cause of the fire was indiscernible.

Therefore, O'Regan's was only held responsible for the fact that Hickey lacked safety training and equipment and chemicals were not labelled correctly. The prosecution was hoping for a fine of $150,000, where the maximum is $250,000.

The defence was looking for a $25,000 fine with another $5,000 for community service or public education.

They were given a $25,000 fine with a victim surcharge of $3,750. They will also have to donate $5,000 to the Threads of Life charity, and spend $5,000 for a workplace safety presentation at the Auto Dealers Association conference.

Williams pointed out that O'Regan's overhauled their training program and put up a memorial bench for Hickey.

"It's disappointing in ways," said Jim Clarke, the Crown attorney. "We were asking for a higher global fine than however the judge has rendered a reasoned decision."

JENNIFER TAPLIN

RYAN TAPLIN/METRO



▶ Estella and Paul Hickey, parents of Kyle Hickey, leave a courtroom in Dartmouth in this photo from October.

# Two remanded in custody

Two of the people accused of killing Dillon Blair Jewett appeared in Windsor provincial court yesterday and were remanded back into custody.

Brothers Kyle Brian Gowen, 22, and Steven Shaun Gowen, 21, are charged with first-degree murder.

Jewett, 18, was found shot to death on an ATV path near an East Uniacke quarry on Oct. 3.

Yesterday's appearance was for a bail hearing, which was reportedly adjourned until Dec. 21.

Amanda Allison Greene, 18, is also charged with first-degree murder in the case but did not appear yesterday.

All three are scheduled to be in court on Jan. 13 to enter a plea.

METRO

*For more news, visit metronews.ca/halifax*

RYAN TAPLIN/METRO



▶ Kyle Gowen

# Sentencing held over until January

A former university basketball star who pleaded guilty to flashing people earlier this year in Halifax won't now be sentenced until the new year.

Neil James Wayne MacDonald, a former standout with the St. Francis Xavier X-Men, was to be sentenced yesterday in Sydney, but the matter was held over until Jan. 4.

In the summer, the 25-year-old pleaded guilty to seven charges of an indecent act in connection with seven incidents, which took place mostly around Dalhousie University in Halifax from March 21 to 26.

After pleading guilty, MacDonald was ordered to undergo a sex-offender assessment.

MacDonald is from Sydney Mines but now calls Halifax home.

METRO

# Man nabbed facing $100K in motor fines

If your glove compartment is bursting with speeding tickets, you've still got nothing on this guy.

Halifax RCMP say a Beaver Bank area man, who owes nearly $100,000 in outstanding motor vehicle fines, was arrested in Lower Sackville yesterday.

**Two more**

- The man is also facing two new charges — driving without insurance and driving while disqualified.

Mounties say the 43-year-old man has more than 150 offences under the Nova Scotia motor vehicle act, including speeding, driving without insurance and driving while suspended.

Around 7:30 a.m. yesterday, police recognized a man driving on the Beaver Bank Road as the suspended driver, said police spokesman Cpl. Scott MacRae.

The man was arrested by police on the scene and his vehicle was seized, he said.

"He has actually told the police that he will continue to do it," said MacRae, referring to the act of driving without a licence.

ALY THOMSON

## News in brief

### Tool theft investigated

**ENFIELD.** Police are asking for the public's help regarding a theft in Aerotech Park on Tuesday. Halifax RCMP say suspects broke into a truck at Maple Leaf Seamless Eavestroughing and stole tools valued at more than $5,000. The items include a 3500 W Honda generator and power tools.

### Correction notice

**SEARS STARS ON ICE.** Tickets going on sale Friday for Sears Stars on Ice at the Metro Centre start at $25. Incorrect information appeared in yesterday's edition. METRO

THE CIBC switch

Limited Time Offer

# More saving power to you.

## CIBC TFSA Tax Advantage Savings Account™

EARN 2% on new balances*

**Increase your savings**

- Earn interest tax-free
- Enjoy the security of guaranteed interest

Plus, access your money at any time, for any reason.

**Act now – offer ends April 30, 2011.**

**Speak to a CIBC advisor today. Visit any branch, go to cibc.com/switchsavingmadeeasier or call 1 800 465-CIBC (2422).**

**Scan this QR code to calculate your tax savings.**

Download a QR code reader App, then scan code.

CIBC

For what matters.

*This is a combined bonus and regular annual rate paid on New Balances for the CIBC TFSA Tax Advantage Savings Account ("Account"). **The bonus and/or regular Account rates may change at any time without prior notice**. Ask a CIBC advisor for current rates. How it works: The regular Account rate is paid on the full daily closing balance. In addition, on days when an Account's closing balance exceeds its Nov. 30/10 closing balance (the difference between the two balances is a "New Balance"), the New Balance earns a bonus rate for that day. Interest is paid monthly. Offer runs from Dec. 1/10 to Apr. 30/11. Other conditions apply, so ask in branch or see www.cibc.com for full terms and conditions. ™Trademark of CIBC. "CIBC For what matters." is a trademark of CIBC.

**Charity.** Food chain



▶ Ellenvale Junior High Grade 7 students Julia Russell, left, and Clara Swift laugh as they take part in a human food chain between their school and Woodlawn United Church yesterday.

RYAN TAPLIN/METRO

## Students rally for food bank

**Ellenvale students and staff had collected hundreds of items for the food bank at the church and yesterday formed a line from the school to the church — about a kilometre away — to deliver the food.**

# Food bank head fears fallout of power rate hike

**People 'don't have enough money' to deal with the increase: Director**

**Hearing suggests without a deferral, six customer classes would have seen an increase of more than 10 per cent**



ALY THOMSON
HALIFAX@METRONEWS.CA

Although Nova Scotians aren't facing a double-digit power rate increase, any hike is going to "hit hard," says the director of the Parker Street Food and Furniture Bank.

"People who can't afford the rate now ... to have something added to it is going to be very hurtful for families. That's a given," said Mel Boutilier.

Residential customers of Nova Scotia Power Inc. are now looking at a 5.7 per cent power rate hike on Jan. 1 — about half of what had been anticipated.

"People on a fixed income ... they don't have any money to meet (the) increase in prices," Boutilier said yesterday. "But there's not much they can do."

The Utility and Review Board opted yesterday to defer NSP's recovery of the full cost of producing power until 2013, allowing it to recoup half of its increased fuel costs in 2011 and the balance over the following two years.

**"We are pleased that the board has accepted our fuel costs as submitted. We're respectful of the board's decision and we're going to work with it."**

**DAVE RHODENIZER, NOVA SCOTIA POWER SPOKESMAN**

The utility had initially argued against deferral, saying it did not want the recovery of costs to be further delayed.

The utility's rate request was based on the higher cost of cleaner coal purchased to meet the province's mercury emissions standards, figures the board said it accepted as accurate, subject to a future audit.

It was those numbers that persuaded the board to change its initial opposition to smoothing out cost recovery over three years.

The exact size of rate hikes over the next two years will be driven in large part by the cost of fuel.

**WITH FILES FROM THE CANADIAN PRESS**

METRO FILE



▶ Manning MacDonald

## MLA booted from legislature

A member of the Nova Scotia legislature was kicked out of the house yesterday after he criticized the speaker for denying the Liberal party's request for an emergency debate on education cuts.

Speaker Charlie Parker ejected Liberal house leader Manning MacDonald after he refused to withdraw comments he made.

MacDonald told Parker his decision was the worst he'd seen in 10 years.

His voice rising, he went on to say that Parker had made a "homer decision" on behalf of the NDP government.

The speaker asked MacDonald to leave the chamber for "flouting the authority of this chair."

**THE CANADIAN PRESS**

**NEWSMAKER OF THE YEAR**

## Who made the biggest splash?

Was 2010 the year of Sidney Crosby and his historic overtime goal for Canada, or does Nova Scotia auditor general Jacques Lapointe get the nod for exposing the MLA expense scandal?

Maybe it was all about Peter Kelly in 2010, or does actress Ellen Page take the cake — in part — for putting up a stink over biosolids?

Let us know who your Halifax newsmaker of the year is. Who do you think had the most profound impact on the city in 2010?

Did Premier Darrell Dexter do it for you, or does MP Peter Stoffer and his flip-flop on the gun registry stand out most?

Tell us by emailing your Halifax newsmaker of the year to halifaxletters@metronews.ca or reaching us on Twitter @metrohalifax.

Voting ends Dec. 14.

**METRO**

# Trio arrested after pursuit of wanted man

Three men are in custody after police say they tracked a man wanted on a Canada-wide arrest warrant to a Fairview motel yesterday.

Police made the arrests at the Seasons Motor Inn on Melrose Avenue early yesterday afternoon.

At about 9:20 a.m., police say the man wanted on the warrant was spotted entering an apartment building on Harlington Crescent.

The man fled the area and was tracked to the motel shortly after.

At around 12:45 p.m., officers with the emergency response team then responded, said police spokesman Const. Brian Palmeter.

"Once they were on scene, the man and two other individuals surrendered without incident," said Palmeter, adding it took about 30 minutes for the trio to yield to police.

**ALY THOMSON**

**Charges?**

▶ Investigators have not made a decision regarding possible charges.

## News in brief



### PM expected in Cape Breton

**VISIT.** Prime Minister Stephen Harper is expected to visit Cape Breton tomorrow.

Cape Breton North MLA Cecil Clarke confirmed yesterday Harper will be in town.

He said Harper has been dealing with the process of dredging Sydney harbour.

"I expect that when the time comes, he will have something to say about the dredge and the port. Those things are being finalized at this time," Clarke said.

**CAPE BRETON POST**

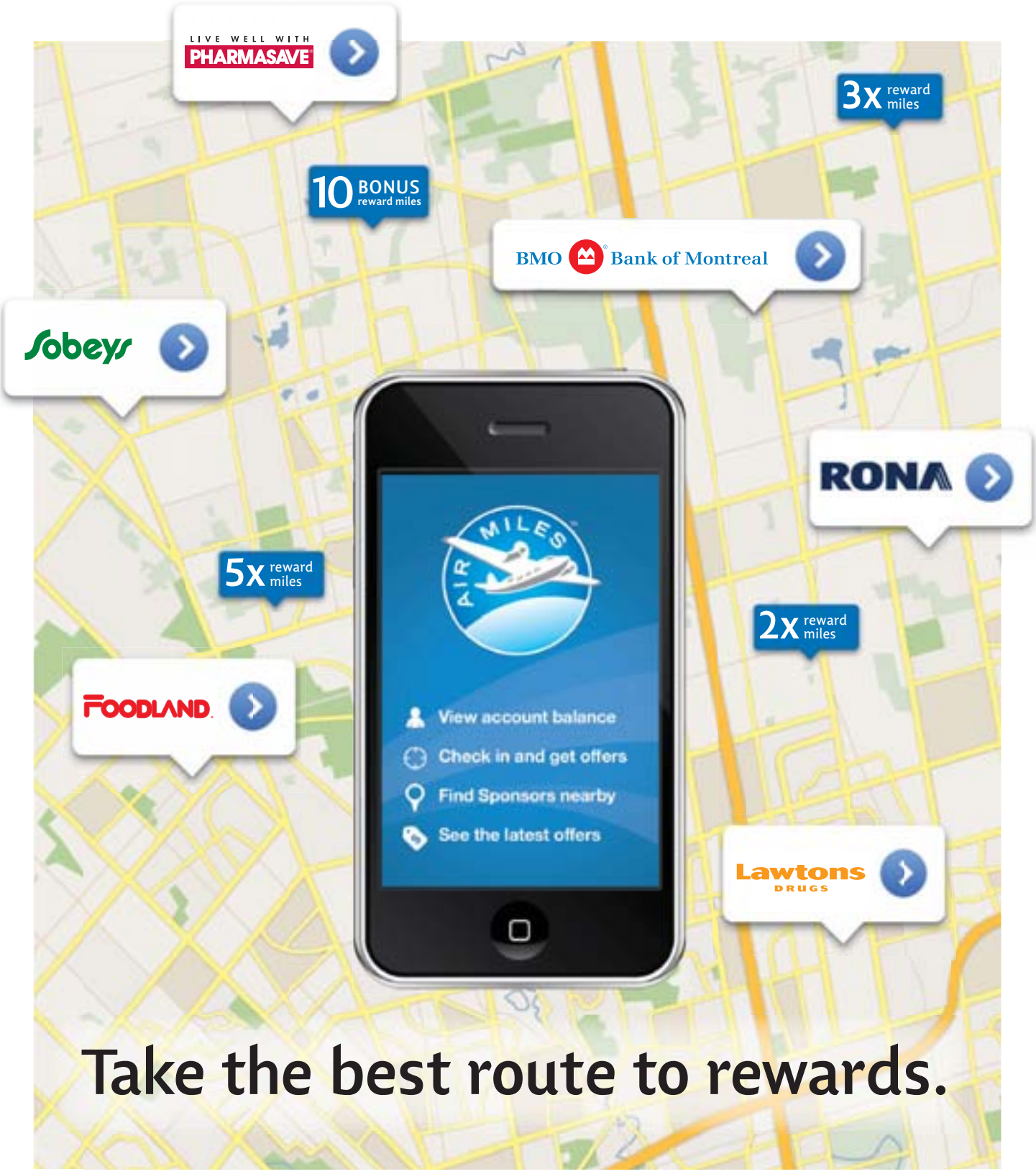
### MacIntosh trial stalled

**COURT.** The trial of Ernest Fenwick MacIntosh was unexpectedly interrupted yesterday as a Nova Scotia Supreme Court justice determines whether he has jurisdiction to rule on a Crown application to vary the dates when some of the charges against him are alleged to have occurred.

If Chief Justice Joseph Kennedy does decide he has jurisdiction to rule on the application, he will then have to determine whether it's appropriate to do so.

He will give his ruling this morning.

**CAPE BRETON POST**




Introducing the AIR MILES® App!



Available on the App Store

Get it at BlackBerry App World

Text "APP1" to 26898 or visit m.airmiles.ca/app to download.*

*The AIR MILES App is available for iPhone and BlackBerry devices only. Download the AIR MILES App by texting "APP1" to 26898 or visit the iTunes App store or BlackBerry App World. The AIR MILES App is free to download. Additional carrier data fees may apply. Check with your wireless service provider to determine applicable fees. Bonus offers shown are examples of offers you may find in the App. Apple Inc. is not a sponsor or participant of the AIR MILES App.

®™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. © 2009 Research In Motion Limited. All rights reserved. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. iPhone and iTunes are trademarks of Apple Inc. registered in the U.S. and other countries.

LEAKED FILES

## Havoc on the web as Wiki lovers fight back

Hackers rushed to the defence of WikiLeaks yesterday, launching attacks on MasterCard, Visa, Swedish prosecutors, a Swiss bank and others who have acted against the website and its jailed founder Julian Assange.

Internet "hacktivists" operating under the label Operation Payback claimed responsibility in a Twitter message for causing severe technological problems at the website for MasterCard.

MasterCard acknowledged "a service disruption."

But spokesperson James Issokson said consumers could still use their credit cards for secure transactions.

Later yesterday, Visa's website was inaccessible.

THE ASSOCIATED PRESS

## Don't blame Wiki, says top Aussie

Australia's foreign minister said yesterday the U.S. government is responsible for the leaking of hundreds of thousands of classified diplomatic memos.

Kevin Rudd cautioned against blaming the WikiLeaks website that published the secret cables and its founder.

Top U.S. officials have said WikiLeaks acted illegally when it posted the sensitive files — memos from American embassies around the world that have embarrassed Washington.

"The bottom line here is … the failure of … the United States to properly protect its own diplomatic communications,'' Rudd said.

THE ASSOCIATED PRESS

# Jail blaze kills 81: Were firefighters kept out?

ALIOSHA MARQUEZ/THE ASSOCIATED PRESS



▶ Relatives of prisoners at San Miguel prison weep and scream as the names of inmates are read out after the devastating blaze.

### Brawl between inmates sparked fire at overcrowded jail in Chile

A fire started during an inmate brawl swept through an overcrowded prison in Santiago, Chile, yesterday, killing at least 81 people and seriously injuring 14.

A prisoner using an illegal cellphone called state television pleading for help — and the screams of inmates briefly aired across Chile.

Hundreds of anxious and angry relatives of inmates gathered in a chaotic scene outside the prison gates.

It was supposed to be visitors' day at the prison, so many family members were already lining up outside when the fire broke out.

Their anxiety spilled over when they learned that prisoners were killed.

Some broke down in tears and screams, while others threw rocks at national prison police director Luis Masferrer as he read survivors' names over a megaphone.

The fire in San Miguel prison began during fighting between inmates and reached its maximum intensity in just three minutes, Interior Minister Rodribo Hinzpeter said.

Investigator Alejandro Pena said preliminary reports indicated the fire was set intentionally.



**"The conditions that existed inside this prison are absolutely inhumane."**

CHILEAN PRESIDENT SEBASTIAN PINERA, ABOVE

A fire department communiqué said the first firefighters arrived on the scene nine minutes after the initial alarm and found a violent fire spread over a large part of the fourth floor of Tower 5.

They cut through several locks, allowing them to save 60 inmates.

Officials had identified 31 of the victims by last night, with many of the bodies unrecognizable.

Officials said most will have to be identified by DNA.

Health Minister Jaime Manalich called it an "enormous calamity" and the worst in the history of Chile's prison system.

A fire in a northern prison killed 26 people in 2001. THE ASSOCIATED PRESS

## Jail police closed the gates: inmate

Some relatives of inmates at Santiago's San Miguel prison told state TV that jail police initially closed the gates to firefighters, impeding efforts to control the blaze.

"They wouldn't let the firefighters come in. The riot police came in first and began to beat us, and later the firefighters came in," a prisoner said in a call played on state TV. He didn't give his name, saying he feared retribution.

He said guards "laughed and took photos with the cellphones of the inmates who were vomiting (from smoke) … and didn't do anything."

But fire chief Jose Sanchez denied firefighters were kept from entering. Guards "facilitated the firemen's entrance to the damaged area."

THE ASSOCIATED PRESS

**Fredericton.** Hands across the city



▶ Hundreds form a mammoth line in a bid to grab the attention of the New Brunswick government.

DAVID SMITH/THE CANADIAN PRESS

## It's a 'conga line' to help kids

**About 1,000 people joined hands yesterday during the Connect the Dots demonstration in Fredericton, N.B. The event, which stretched through the downtown area ending up at the New Brunswick legislature, was held to raise awareness about the lack of services for mentally ill children and youth.**

## Canadians arrested in global child porn bust

A worldwide child sex exploitation and image trading network has been shut down with the arrests of 57 men, including 25 in Canada, police say.

The year-long Project Sanctuary began with the arrest of a man in Newfoundland last December after police intercepted images of child porn during an online takedown involving police forces around the globe.

Investigators traced the images of 45 children, aged four to 15, which were produced and swapped on the Internet by men from across Canada.

TORSTAR NEWS SERVICE

# ‘We still learn so much from him today’: Ono

**In interview, Lennon mused he had ‘plenty of time’ to achieve goals, just days before being gunned down**



▶ John Lennon fans mark the 30th anniversary of Lennon’s death with a candlelit vigil at the city’s European Peace Monument, dedicated to Lennon, in Liverpool, England, yesterday.

John Lennon’s fans celebrated his life yesterday by visiting Strawberry Fields, the Central Park garden dedicated in his honour, while a newly released interview he gave shortly before his death showed he was optimistic about his future.

On the 30th anniversary of Lennon’s murder outside his Manhattan apartment building, admirers played his music nearby at Strawberry Fields and placed flowers on a mosaic named for his song Imagine.

The steady stream of visitors represented the range of people who love Lennon, from those who watched his career unfold as it happened to those who know only his music.

Father-daughter pair Paul DeLuca, 50, and Marissa DeLuca, 17, came from Boston to mark the day.

“I grew up with his voice,” said Marissa DeLuca. “The Beatles are the soundtrack to my childhood.”

In Liverpool, where Lennon was from, hundreds were expected to gather for a vigil yesterday around the Peace and Harmony sculpture, recently unveiled by Lennon’s former wife, Cynthia, and their son Julian in Chavasse Park.

In the newly released interview, conducted just three days before he was gunned down, John Lennon complained about his critics — saying they were just interested in “dead heroes.”

**“I’ve never claimed to have the answers to life. I only put out songs and answer questions as honestly as I can ... But I still believe in peace, love and understanding.”**
**JOHN LENNON, FINAL INTERVIEW**

The interview, believed to be his last print interview, was released yesterday to The Associated Press by Rolling Stone magazine, which uses the full interview for a story that will be on stands tomorrow.

While brief excerpts of Jonathan Cott’s interview were released for a 1980 Rolling Stone cover story days after Lennon’s death, this is the first time the entire interview has been published.

“His words are totally joyous and vibrant and hopeful and subversive and fearless,” Cott told the AP on Tuesday. “He didn’t mince words.”

Yoko Ono released a statement Tuesday night in tribute to Lennon.

“On this tragic anniversary please join me in remembering John with deep love and respect,” she said.
**THE ASSOCIATED PRESS**

## Disabled workers could lose benefits

The Conservative-controlled Senate has killed a bill that would have protected former Nortel employees from losing long-term disability benefits.

Disabled employees predict, if denied benefits, to face a bleak future full of illness, poverty, homelessness and even suicide. Without the bill, benefits will cease at the end of the month. **THE CANADIAN PRESS**

SUNSET TOWERS
FULLY FURNISHED SUITES
Bachelor, One and Two Bedroom Suites Available
---
Daily, Weekly, Monthly
Fully equipped kitchens, laundry facilities, free parking, internet and utilities included. Located on Lake Maynard in Downtown Dartmouth, near Penhorn, Woodlawn and Mic Mac malls.
341 Portland St, Dartmouth
T: 464 1114 F: 464 1124
sunsettowers@accesscable.net

THURSDAY, DECEMBER 9
TODAY ONLY!
RECEIVE
33x
HBC REWARDS BASE POINTS*
on ANY COSMETICS or FRAGRANCE purchase of $75 or more (before taxes) when you use your Hbc† Mastercard® or Hbc Credit Card.
†Registered trademark of Hudson’s Bay Company. ®Registered trademark of MasterCard International Incorporated. Used pursuant to license.
That’s enough to redeem for a $20 gift card when you spend $100!

Plus,
$59.99 All women’s fall and winter dresses
In our dress dept. Excludes Spring receipts.
50% off All women’s fall and winter suits
In our suit dept. Off our regular prices. Excludes Spring receipts.
Be the first to know about our one-day offers. Sign up at thebay.com for e-mail updates or text THEBAY to 288288 to get mobile alerts. Standard message and data rates may apply.
twitter.com/thehudsonsbayco
the Bay
Shop early. Don’t be disappointed. No rain checks and no price adjustments. Offers available while quantities last. Selection will vary by store. Cannot be combined with any other offers. Savings are off our regular prices, unless otherwise specified. See in-store for details. *Base points are the 50 points per dollar earned by all HBC Rewards members, regardless of method of payment. 33x HBC Rewards base points = 33 x 50 points per dollar = 1650 points per dollar.

# Thank Your Teacher




*9 out of 10*
*Teachers love to receive our giftcards.**

**Now redeemable on eBooks, books, gifts, toys & more!**

Chapters | Indigo | COLES

*2010 survey of 1,782 Canadian Teachers, conducted by Indigo Books & Music Inc. Giftcard selection may vary between stores and online.

NATIONAL SECURITY

## Pilot gets $319,000 in ruling

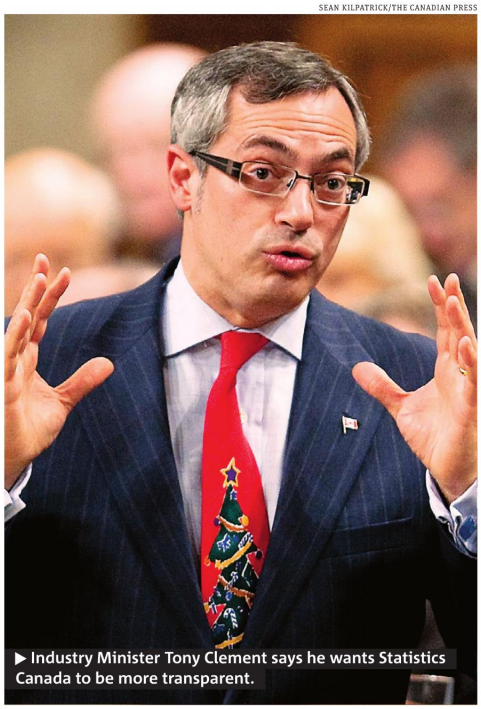
A refusal to provide pilot training to a Pakistani-born man considered a national-security threat has resulted in Bombardier Inc. being ordered to pay the man $319,000 in penalties.

The company would not provide pilot training for Javed Latif, who was identified as a "threat to aviation or national security" by U.S. authorities. The Quebec Human Rights Tribunal calls its ruling a historic one, given the context of post-9-11 security measures. "We're pretty thrilled with the decision," said Catherine McKenzie, a member of Latif's legal team. However, she said she is unsure if her client is aware of it because neither she or the commission have been unable to reach him. Latif, who is based in Toronto, works as a commercial pilot and is out of the country frequently.

THE CANADIAN PRESS

# StatsCan being unfair?

SEAN KILPATRICK/THE CANADIAN PRESS



▶ Industry Minister Tony Clement says he wants Statistics Canada to be more transparent.

### NDP: Few seconds enough time for a trader to make money with data

Industry Minister Tony Clement has called for a probe of Statistics Canada procedures after a report that paying clients got up to a 59-second head start on market-moving data.

"If the report is true, it would be a disturbing situation," Clement told reporters Tuesday. "I directed officials immediately to look into the situation, to give me the facts."

Earlier Bloomberg, one of the agency's 10 paying clients, reported Statistics Canada had stopped the practice on Nov. 25 after the news service informed the federal agency that it could access data in advance of the official release.

A StatsCan spokesman blamed the problem on a programming glitch and said a preliminary inquiry has determined three of its secondary distributors had the ability to access the data in advance.

**"My pledge to the people of Canada is that StatsCan should act in a fair manner."** TONY CLEMENT

"There was the possibility that a secondary distributor could get the data as much as 59 seconds before release time," said Claude Graziadei, Statistics Canada's director of communication. "As soon as we discovered that, we had the programming on the systems changed ... and essentially we've plugged the hole." The most market-moving report issued by Statistics Canada is the monthly employment data, which is made public at 7 a.m. sharp the first Friday of each month.

THE CANADIAN PRESS

# Oilsands get a boost in the U.S.

A U.S. energy industry lobby group plans to launch a new pro-oilsands ad campaign in the new year, with a focus on the economic shot in the arm the controversial resource could bring to the ailing U.S. economy.

The American Petroleum Institute did not offer specific details about the campaign's cost or reach on a conference call with reporters yesterday.

"We've been promoting the economic benefits and jobs that this resource has been able to bring the U.S., and we really feel that it's just not been registering as well as we think it should," said Cindy Shild, manager of downstream and industry operations with the API. The oilsands have been the subject of intense negative publicity south of the border.

THE CANADIAN PRESS

**Economic impact**

**API said the oilsands will create new jobs south of the border.**

▶ **Employment**
API said the oilsands industry will create 342,000 new U.S. jobs between 2011 and 2015.

## Market moment

| DOLLAR | TSX | OIL | Natural gas 1,000 cu ft |
|---|---|---|---|
| | | | $4.606 (+ 21.3¢) |
| + 0.06¢ (98.93¢ US) | – 98.67 (13,152.00) | – 0.41¢ US ($88.28 US) | Gold contracts $1,383 (– $25.80) |

## Dollarama set to go west

Dollarama will accelerate store expansion next year, particularly in Western Canada as the Montreal-based retailer continues to build the leading Canadian discount chain. The company plans to add 50 stores in 2011 with one-third to 40 per cent of the growth being focused in Western Canada. That follows some 45 stores added in the past year, mostly in Ontario. Much of the growth out West will be in free-standing big box locations. THE CANADIAN PRESS

## November housing starts jump

Canada Mortgage and Housing Corp. reports housing starts took a jump in November.

The seasonally adjusted annual rate was 187,200 units, up from 167,800 in October.

CMHC attributes the hike primarily to a strong increase in urban multiple starts in Ontario.

The agency says Ontario's increase was more than enough to offset declines in all other regions of the country.

THE CANADIAN PRESS

Help us explore pathways to diabetes management

DO YOU HAVE TYPE 2 DIABETES?

We are enrolling adult volunteers now

**If you have type 2 diabetes, find out if you qualify for a clinical research study of an investigational oral diabetes medication.**

You may be eligible if:

- You are 18 years of age or older
- You are being treated with metformin and a sulfonylurea (such as Glimpiride, Glipizide or Glybruide)

AND

- Your blood sugar is not well-controlled

If eligible to participate, you will be seen by a study doctor for study-related testing and receive medication at no cost. If enrolled, you may be reimbursed for parking and travel expenses.

**Please call our Halifax/Dartmouth office at**

**1-877-34-STUDY (1-877-347-8839)**

**sgarland@aimhealthgroup.com**

*Thank you. Volunteers are critical to diabetes research.*

PIRC Pharmaceutical Integrated Research Corporation

# REVEALING THE EVIL SIDE OF JOURNALISM

**He says ...**

**JOHN MAZEROLLE**



**As a mainstream media pawn, I'm often keeping government secrets, including the latest movements of the Taliban and how Ben Mulroney keeps his hair that way.**

I'm kidding — or am I? — but when you work in journalism long enough, you learn many people are convinced you're part of some grand conspiracy theory. You also learn that many people apparently do jumping jacks in rooms with low ceilings.

For example, I once worked at a newspaper that was accused of reporting on a murder because it happened in a park where a natural gas line was being proposed. So, you see, we were trying to devalue the land in a bid to help our corporate buddies get their gas line.

I wish we were that smart, truly. I also wish we had that level of super villainy. It would be a lot of fun, tenting our fingers and such. But I'm afraid the only thing that makes that even remotely like real journalism management is how inefficient it is.

**"Some people like to imagine the media as a shadowy collective ..."**

Some people like to imagine the media as a shadowy collective that works in lockstep to undermine whatever beliefs they hold. It's not unusual to show up at an event with a notepad and have someone growl, "Are you the media?!"

"Yes. I am the media. Well, me and Peter Mansbridge. We just lunched. I'd love to talk, but there's a ribbon cutting in Regina, then I have an Ottawa meeting with the prime minister about what to make up this week."

I've been thinking about conspiracy theories because of the never-ending WikiLeaks story, which has taken secret U.S. documents, put them on the Internet, and resulted in a worldwide surge of Facebook status updates about "taking a WikiLeak." And that's been the most interesting thing about it.

WikiLeaks underlines the big flaw of most conspiracy theories: A conspiracy requires people to keep their mouth shut. And people don't. WikiLeaks hasn't revealed anything we didn't already know. It's been a bit like reading your daughter's diary and finding out she likes boys and "hates hates hates" you. Well, duh.

The lesson? There are no secrets. Everything is already out there, and the things that aren't get found out soon enough.

Frankly, if a journalist faces pressure from corporations or government about a story that could change lives, he will push past the oppression for one simple reason: He could win an award.

We are evil. Just not for the reasons you think.

*Read more of John Mazerolle's columns at metronews.ca/hesays*

## Cartoon

MICHAEL DE ADDER




## Worth mentioning

Want to scam someone on a smartphone or tablet computer? There's probably going to be an app for that.

The exploding popularity of mobile devices and their many software applications is already being exploited by those out to steal personal information.

"We think 2011 is the year of the threat to the mobile device, particularly the mobile app," said Dave DeWalt, chief executive of McAfee Inc. security software.

There are about 20 new computer tablets coming out, "tons" of new smart devices and literally hundreds of thousands of applications being developed for them, DeWalt said.

"There's an ecosystem of application developers who are building applications with the sole purpose of downloading to a mobile environment, making it very viral and then actually stealing from you," he said.

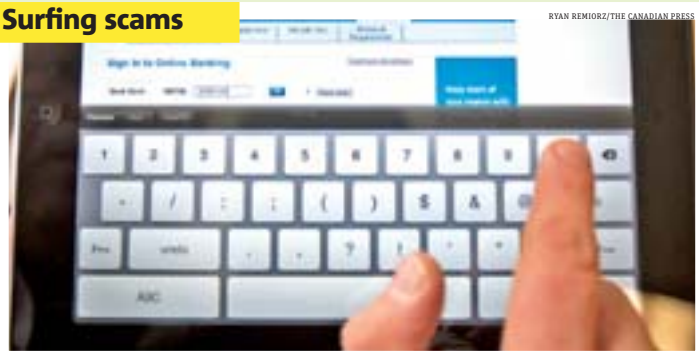
Next year, it's expected there will be more consumer warnings and research into these kinds of threats, DeWalt said.

Games are particularly vulnerable to malware because they are the most shared, social-network oriented and players enter personal information on their sites.

THE CANADIAN PRESS

## Surfing scams

RYAN REMIORZ/THE CANADIAN PRESS



**What do you think about Don Cherry getting involved in politics?**

**Email**
**halifaxletters@metronews.ca**
**Twitter**
**@metrohalifax**

Metro has the right to edit letters and submissions.

metro

**METRO HALIFAX** • 3260 Barrington St., Unit 102, Halifax NS, B3K 0B5 • T: 902-444-4444 • Fax: 902-422-5610
Advertising: 902-421-5824 • halifax_advertising@metronews.ca • halifax_distribution@metronews.ca
**Publisher** Greg Lutes, **Managing Editor** Philip Croucher, **Sales Manager** Dianne Curran, **Distribution Manager** April Doucette
**METRO CANADA: Group Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

# Metro Minute with the Mooseheads

The Halifax Mooseheads return to home ice tonight after a five-game road swing and have a tough task ahead of them.

The Mooseheads welcome the Moncton Wildcats to the Metro Centre at 7 p.m., a team near the top of the Quebec Major Junior Hockey League Atlantic Division standings.

But Halifax has shown it can defeat the Wildcats, dumping Moncton on its home ice 5-2 on Oct. 30.

The Mooseheads have six games left before Christmas, including tonight, four of which are at the Metro Centre.

Tickets are $15.75 for adults, $12.75 for seniors, $10.75 for students and $9 for youth 12 and younger.

METRO

METRO FILE



▶ The Halifax Mooseheads will host the Moncton Wildcats tonight at 7 at the Metro Centre.

NOW UNTIL SUNDAY

# Update your status to "OMG! An HTC Desire is $0!"




HTC Desire™

**$0*** 3 year term
**SAVE $449.99**

$449.99 No term

## Add a Flex Plan

It adjusts to your monthly data usage so you don't have to worry about going over. Plus, get unlimited local early night and weekend calling from 6pm. All this on Canada's fastest† coast-to-coast mobile network.

telusmobility.com

TELUS
the future is friendly®

**TELUS STORES & AUTHORIZED DEALERS**

NOVA SCOTIA

**Amherst**
Town Square Mall
**Antigonish**
2834 Hwy. 104
**Bedford**
Bedford Place Mall
**Bridgewater**
Bridgewater Mall
**Dartmouth**
Dartmouth Crossing
Mic Mac Mall
Burnside, 202 Brownlow Ave.
**Digby**
305 Conway Pl.
**Halifax**
Bayers Lake Power Centre
Halifax Shopping Centre
Park Lane Mall
6100 Young St.
1668 Barrington St.
Village Centre, 936 Bedford Hwy.
**New Glasgow**
263 Jury St.
**New Minas**
County Fair Mall
**Port Hawkesbury**
Port Hawkesbury Shopping Centre
**Sackville**
799 Sackville Dr.
**Sydney**
Mayflower Mall
337 Welton St.
**Truro**
Truro Mall
**Windsor**
Fort Edward Mall
**Yarmouth**
Yarmouth Mall

NEWFOUNDLAND LABRADOR

**Carbonear**
Trinity Conception Square
**Clarenville**
Random Square Mall
**Corner Brook**
Corner Brook Plaza
Valley Mall
**Gander**
Gander Mall
**Grand Falls-Windsor**
Exploits Valley Mall
**Marystown**
Peninsula Mall
**St. John's/Mount Pearl**
Avalon Mall
The Village Shopping Centre
336 Freshwater Rd.
55 Kelsey Dr.
35 Stavanger Dr.

NEW BRUNSWICK

**Bathurst**
Place Bathurst Mall
**Campbellton**
Sugarloaf Mall
**Edmundston**
Place L'Assomption
**Fredericton**
Regent Mall
1211 Prospect St.
**Grand Falls**
Grand Falls Shopping Centre
**Miramichi**
Bridgeview Plaza
**Moncton**
Wheeler Park Power Centre
Champlain Place
Lounsbury Plaza
**Saint John**
McAllister Place
**Shippagan**
242 Boul. J.D. Gauthier
**Tracadie-Sheila**
3379 rue Principale

PRINCE EDWARD ISLAND

**Charlottetown**
Charlottetown Mall
393 University Ave.
**Summerside**
County Fair Mall

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY Walmart BLACK'S

*Available until December 12, 2010, for clients who activate or renew on a 3 year term with a Clear Choice voice and data rate plan of $50 or greater. Regular price on a 3 year term for the HTC Desire is $49.99. †Based on TELUS' tests of data throughput speeds in large Canadian urban centres available from national HSPA+ service providers. Internet access speed provided by the network operator may vary due to the device being used, network congestion, distance from the cell site, local conditions and other factors. Speed on the Internet is beyond the wireless network operator's control and may vary with your configuration, Internet traffic, website server and management policies, and other factors. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. Android and the Android logo as well as Android Market and the Android Market logo are trademarks of Google, Inc. YouTube is a trademark of Google, Inc. All other trademarks are the property of their respective owners. © 2010 TELUS.

2 scene

## News in brief



You know it's New Year's Eve when the Snooki drops — or at least you will this year.

MTV says it plans to put Jersey Shore star Nicole "Snooki" Polizzi inside a ball that drops in New York's Times Square to ring in 2011 as part of its MTV New Year's Bash special.

The network says other stars from its hit reality show Jersey Shore will lead the crowd in a collective fist pump in hopes of breaking the Guinness world record.

THE ASSOCIATED PRESS




Santa Claus just wants a beer: George Wendt slips into the red suit again for musical Elf

It's the holidays and you're staring down your gift list when it dawns on you: TV! We all have a die-hard fan of one show or another to buy for, so go for the easy-peasy with a screen-inspired gift Here are some suggestions for fans of four shows

# Gift ideas for the TV lovers in your life

FRANK OCKENFELS/AMC/THE ASSOCIATED PRESS FILE



### MAD MEN

Booze, smokes, adultery. Nothing says the holidays like the '60s ad agency megahit on AMC.

• You heard about it on the show, now read it for yourself: Sterling's Gold: Wit & Wisdom of an Ad Man, observations from Roger Sterling Jr. It's a fresh offering that Grove Press published under the character's name. A Sterling pearl: "When a man gets to a point in his life when his name's on the building, he can get an unnatural sense of entitlement."



• There's also the stylish Mad Men: The Illustrated World by Dyna Moe from Penguin imprint Perigee Trade. Tips for the perfect bouffant, paper dolls that include Joan, hangover remedies, inside jokes. Great for the coffee table.

• For him: Sterling silver tie bar by David Donahue at Nordstrom. Narrow with etched stripes on the front.

• For her: The gold ruby glass Art Deco beverage set with roly-poly glasses at Retroartglass.com, or choose your own '60s-inspired martini set on eBay.

MICHAEL YARISH/FOX/THE ASSOCIATED PRESS FILE



### GLEE

For your favourite Gleek – because excess is important.

• Glee Karaoke Revolution for Wii. Sing your faves from the first season, perform with characters from the show, compete against friends, but don't forget the add-on: the Wii Karaoke Microphone.

• The cast has a new Christmas album, Glee, the Music, the Christmas Album, ahead of the second season's special for the holidays to air Dec. 7.




Twelve mostly classic holiday nuts in all, including K.D. Lang channelling Dr. Seuss for You're a Mean One, Mr. Grinch.

• There's a licensed clothing line, from T-shirts to tracksuits, sold exclusively at Macy's, but why not wing it with a fun outfit for your fan — inspired by but not branded for the Fox smash.

• Claire's began selling Glee accessories in September for younger fans. Choose from necklaces, bracelets, rings, earrings, hats, cosmetics, legwear, bags (there's one that says Kiss My Glee), wallets and paper goods. Tons more available elsewhere.

THE ASSOCIATED PRESS FILE



### SPONGEBOB SQUAREPANTS

The world's most popular sea sponge and his Bikini Bottom underworld are tailor-made for the holidays.

• If your little one can stomach a little real life (sometimes bad things happen to good animals), then wrap up the DVD of Oceans from Disneynature. The follow-up to Earth came out this year and is a visual celebration of sea creatures and their life cycles. Rated G.

• Natural sea sponges can be had in many shapes and sizes. Order some from Naturalbathandbodyshop.com and combine in a gift box full of fresh paints in sea tones and a roll of heavy paper for art projects. The site sells natural sponges that look like fingers, elephant ears and undersea vases.

• Mr. SquarePants is a merchandising machine, so there's no end of books, games, toys, sports gear and home decor available. Looking for something inspired by but not emblazoned with SpongeBob? Try Suzy Lee's wordless Wave, a lovely picture book about a girl on a beach first out in 2008.




ADAM LARKEY/ABC/THE ASSOCIATED PRESS FILE



### DANCING WITH THE STARS

Twelve seasons later, this glitzy competition is going strong. You're never too young or old to feel the beat, or trash celebs.

• Toning your tush to the tango might be just the ticket for the holidays. There are plenty of DWTS-inspired workouts on DVD. Watch for Dancing With the Stars: Ballroom Buns & Abs, featuring fitness pros Chelsie, Edyta and Kym. They promise sexy dancer curves in three workouts.

• Grab the hubs and go for Samba lessons. He'll groan but they're paid for already.

• For kid fans, Dance Star Mickey by Fisher-Price is catching some buzz for the holidays. This mighty animatronic robot mouse has different moves for different grooves. He walks, he talks, he tells jokes, he moonwalks. Just press his foot and away he goes.




• Treat a teen to some leg warmers, from chunky cables in wool to lighter-weight versions made for actual dancers in stripes or warm pink. THE ASSOCIATED PRESS

NEW YEARS DAY
at the Split Crow
Drink Specials All Day
Power Hour 4:30pm to 5:30pm
SPLIT CROW POWER HOUR
$2.50 draught
4:30pm to 5:30pm
Entertainment
Evening and Matinee: The Frequency
$5 cover at the door
THE SPLIT CROW PUB
Eat. Drink. Be Social
splitcrow.com | 422.4366
1855 Granville St

**Pirates.** First Look



▶ Captain Jack Sparrow (Johnny Depp) escapes the clutches of King George and his Royal Guards by leaping from carriage to carriage — while they're still moving — in a scene from the upcoming movie Pirates of the Caribbean: On Stranger Tides.

PETER MOUNTAIN/DISNEY

# Captain Jack is coming back in 3-D

**Fans of Pirates of the Caribbean might have to wait until May 20, 2011 to see the fourth movie in the franchise, On Stranger Tides, but Metro has a Canadian print exclusive first look at a scene from the film. This will be the first movie in the franchise that will be released in 3-D. It also introduces a new villain, Blackbeard (Ian McShane) and a new love interest for Captain Jack, Angelica (Penelope Cruz).**

## Album reviews

**A classic ●●●●● | Buy it ●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●**




**Daft Punk**
**Album:** Tron: Legacy
**Label:** Walt Disney
●●●½
No artist could fit a film better than Daft Punk with a sequel to Tron. Hiring an 85-piece orchestra to help out, they've defied most expectations as Tron: Legacy is more a true film score than a new Daft Punk album. As such, they've built a cinematic atmosphere, which unfortunately makes listening to it tricky without the revolutionary visuals. **Outstanding track:** Tron: Legacy (End Titles) ● CAM LINDSAY



**Duffy**
**Album:** Endlessly
**Label:** Universal
●●●
Duffy sticks to her retro groove with a rhythm section provided by The Roots and music written by 66-year-old Hall of Fame songwriter Albert Hammond. On a couple of tracks, like Lovestruck, the squeaky Britpop singer drags herself from the mid-60s into the disco of the late 70s, complete with swirling violins. There are places on this CD where Duffy's nasally rasp is simply irritating. ● GRAHAM ROCKINGHAM




**Deadmau5**
**Album:** 4x4=12
**Label:** Virgin/EMI
●●●½
Deadmau5 might be an internationally acclaimed electro artist, but the noise maker is a born and bred Torontonian. Not that it matters. Joel Zimmerman, as his family calls him, makes gripping dance-floor sounds that anyone, anywhere can enjoy. His latest is a compilation of loosely connected songs. They all feature some kind of heavy drum beat, and they're mostly devoid of vocals. ● BRYAN BORZYKOWSKI



**T.I.**
**Album:** No Mercy
**Label:** Grand Hustle/Atlantic
●●½
Originally titled King Uncaged, T.I.'s delayed seventh album was re-branded once he was ordered back to jail. No Mercy finds T.I. rapping about salvation and his mistakes but too much focus is placed on his player lifestyle. No Mercy falls flat, even with Kanye and Eminem standing tall by his side. **Outstanding track:** Pledge of Allegiance ● CAM LINDSAY



**Christopher Dignan**
**Album:** Let The Sparks Fly
**Label:** Independent
●●●●●
Mingling amongst musical sub-genres while still entirely unique, Toronto-based solo artist Dignan creates a sinewy mix of garage, shuffling rockabilly groove and indie rock on this pristine full-length album. If ever there was a poster-boy for the future of Toronto's independent rock scene, Dignan is it. **Outstanding track:** I'm Feeling Good Now ● KEITH CARMEN

BUFFALO DAVID BITTON
Lois ATTITUDE
kensiegirl
Levi's
Calvin Klein Jea
NEVADA
kensie

ONE DAY ONLY!
FRI., DEC. 10, 2010

19.99 or less, each

*ALL WOMEN'S MODERN SHOP CLEARANCE PRICED FASHIONS

Includes Levi's®, Buffalo®, Calvin Klein Jeans, Nevada®/MD, Attitude®/MD, Lois®, Kensie Girl® brands and more.
While quantities last

Visit www.sears.ca/modernshop for Sears Modern Shop locations

WANT TO reNEW YOUR LOOK?
VISIT WWW.SEARSCHOOSEYOURSTYLE.CA & TAKE OUR CHOOSE YOUR STYLE QUIZ FOR AUTOMATIC ENTRY IN OUR CONTEST
YOU COULD WIN ONE OF THREE $5000 SEARS SHOPPING SPREES**

Sears

*This savings offer excludes items with prices ending in .97 & .88, '2 for' offers and currently advertised items.
**No purchase necessary. Correct answer to a skill-testing question required. Contest closes January 6, 2011 at 11:59:59 p.m. ET. Maximum 13 entries per person. Odds of winning depend on the number of eligible entries received. Visit website for complete rules and regulations.

NE122P610 © 2010. Sears Canada Inc.

# Ever wonder how Lindsay Lohan was conceived?

Never one to shy away from personal revelations, Michael Lohan was more than happy to use a visit to the satellite radio Playboy Morning Show to explain how daughter Lindsay Lohan was conceived.

"Dina and I were in Switzerland," he said. "You're stuck in a chalet for three days so you're going to have a lot of sex."

But that's not all he had to divulge about how his daughter came to be.

"It was the first time I ever smoked pot in my entire life," Michael added. METRO



▶ Michael Lohan

ALL PHOTOS: GETTY IMAGES



▶ In an upcoming Barbara Walters special, Oprah says she's not a lesbian.

# Oprah shuts down lesbian rumours

## The media mogul denies an intimate relationship with best friend Gayle King, despite persistent gossip

Oprah Winfrey says she's not a lesbian, not even a little bit.

Her long personal and professional connection with Gayle King has sparked rumours that they are gay, but Winfrey denies it in an upcoming interview with ABC's Barbara Walters.

"I'm not even kind of a lesbian," Winfrey says.

Persistent gossip to the contrary annoys her, she says, explaining that, if it were true, "Why would you want to hide it? That is not the way I run my life."

Asked to describe her relationship with King, Winfrey calls her "the mother I never had, the sister everybody would want. She is the friend that everybody deserves."

Winfrey's eyes moisten and her voice chokes as she adds, "I don't know a better person."

Winfrey will end her daytime talk show next spring and, on Jan. 1, is launching a cable channel, the Oprah Winfrey Network.

That new venture has given her moments of panic. "I would wake up in the middle of the night literally clutching my chest, like, 'What have I done?'" she tells Walters.

A Barbara Walters Special: Oprah, The Next Chapter will air Thursday at 9 p.m. EST. THE ASSOCIATED PRESS

## Celebrity tweets



**Yoko Ono [@yokoono]** Let's report to the Universe how glad we are that our planet is part of such as beautiful constellation.



**Steve Martin [@SteveMartinToGo]** iPhone just synced perfecty with toaster All is well.



**Dolly Parton [@Dolly_Parton]** My weaknesses have always been food and men — in that order.

## Talking points

### Leonardo DiCaprio's Canadian face slasher sentenced

Aretha Wilson, the woman who snuck into a party five years ago and slashed Leonardo DiCaprio's face with a broken beer bottle, was sentenced to two years in prison earlier this week, according to TMZ.

After she has served out her sentence, Wilson will be deported to her native Canada.

DiCaprio reportedly needed at least a dozen stitches as well as plastic surgery after the attack.

According to the 2005 police report, Wilson claims she mistook the Inception star for an ex-boyfriend and attacked him. METRO



# Tiger Woods goes from cheater to deadbeat dad

Tiger Woods may be getting things back on track professionally, but he's reportedly spending less and less time with his kids since his divorce from Elin Nordegren, according to Popeater.

"Tiger spent Thanksgiving with his two kids, Sam and Charlie, and his mother, but hasn't seen much of them since the split," a source says.

"They spend most of their time with Elin, who is getting on with her life since the ugly separation."

When Woods comes by to the see the kids, Nordegren reportedly prefers to be elsewhere. METRO



▶ Tiger Woods

# Jen Aniston parties it up with 3 exes

Jennifer Aniston reportedly hosted a packed party at her home recently, with three exes in attendance, including Gerard Butler and a high-school sweetheart, according to the Daily Mirror.

"It was awkward, but Jen just got on with it," a source says.

"She thinks it's nice that she gets on with all her exes but they seemed to find it weird all being in the same place."

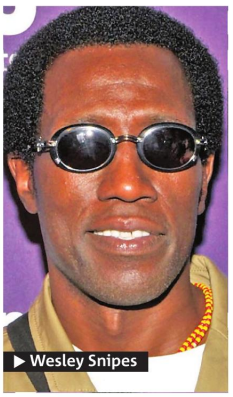
Aniston was more concerned about pal Chelsea Handler, who recently ranted about Angelina Jolie during a stand-up routine.

"Jen was chatting to Chelsea and the pair looked like they were getting heated but they seemed to be in agreement," the source says.

"Jen didn't seem to object to what had been said.

"Later in the night, Tom Hanks scooped a disco dance-off prize." METRO

# Snipes talks prison time



▶ Wesley Snipes

Wesley Snipes stopped by Larry King's talk show to discuss his impending imprisonment and what he's doing to avoid time behind bars.

"We still have prayers out there, Larry, and we believe in miracles.

"Don't send me up the river yet," Snipes said. "Any man would be nervous if his liberty was at stake.

"Right now, I'm more upset and disappointed that the system seems to not be working for me." METRO

# Don't expect a call from Depp

Johnny Depp claims he doesn't own a phone.

"I just don't like phones. I just don't like them, being reachable all the time," he tells Access Hollywood.

"We have Internet and stuff like that because I think that's the safest form — well, most interesting form — of communication.

"You'd have to, you know, just buzz me on the Internet or something." METRO

Meet Edward Buchanan, Rad Hourani, Alexa Adams and Flora Gill — the designers behind three exciting new labels that are sure to some day influence the way we dress.

# Remember their names



KENYA HUNT
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

When it comes to fashion, young designers often go in and out of style as frequently as the trends they produce. But in a seemingly endless sea of Ones To Watch, there are those few who reveal themselves to have real staying power. Here are three emerging names who you will soon be hearing a lot about.

## The designer: Edward Buchanan of Sansovino 6

**The innovation:** Knitted jeans and re-invented basics

**The buzz:** Buchanan is a seasoned behind-the-scenes vet who worked for marquee brands (Giorgio Armani, Calvin Klein) before the Italian house Bottega Veneta hired him as a design director. Six years later, he moved back to Manhattan to consult Jennifer Lopez and Sean Diddy Combs on their clothing lines.

"But I never was that designer who was interested in celebrity," Buchanan says. "So I returned to Europe. Sansovino 6 was that answer to what I had been wanting as a designer."



The line is also the answer to what many of us are missing from our closets.

"I asked all of my friends what they wanted for their wardrobes but couldn't find," he explains.

He took their answers — jeans that look modern but feel old and worn in, for instance — and made the knitwear equivalent. The end result is a collection of reinvented staples, such as a pair of skinny jeans that look rough and worn but is in fact completely knitted.





## The designer: Rad Hourani

**The innovation:** Unisex separates

**The buzz:** Usually, when you think of the word unisex, nondescript T-shirts and parkas come to mind. But Rad Hourani's eponymous clothing line features intricately constructed separates that blur the gender lines.

"When I'm designing a collection, I don't think to myself that I am designing for men or women," says the self-taught designer who splits his time between Paris and New York.



"I do things without gender or season. It's about defying those limitations that are so often self-imposed. I think people should use their own brains to understand … what they like or don't like, rather than allow it to be externally decided," he adds.



## The designers: Flora Gill and Alexa Adams



▶ Adams and Gill

**The innovation:** The line's name means "no title" in German, and the New York-based duo's work aptly has a quality to it that's difficult to put your finger on. It's powerful and yet soft. It cuts a clear line, but sculpts the body as well.

**The buzz:** Their fanbase grows by the season (Vogue Paris editor Carine Roitfeld bought a coat off the runway) as does their accolades. They've been nominated for both the CFDA Vogue Fashion Fund and Swiss Textile Awards.



# Swift exudes ethereal style

Don't look for Taylor Swift in rumpled clothes and no makeup: She's not interested in dressing down to go incognito.

Gowns, red lipstick, hairstylists, front-row runway seats — and, as icing, a CoverGirl model contract — are perks of her fame. She's not going to run away from them, especially if her fans are watching.

"When I'm in Nashville, I feel like I can go natural and not really worry about it, but I generally love makeup and I love dress-up. That's why award shows are so much fun for me," Swift says.

"I'd never wish away makeup and getting all dolled up."

She owes it to her supporters to put on a good show, she says, and at 5'10" she'd stand out in a crowd anyway.

In her new CoverGirl NatureLuxe ads debuting this week, she has a more ethereal vibe.

Yes, she says, there have been quite a few offers to be a spokeswoman for products, but some make more sense than others for her.

But, Swift adds, her whole life isn't going to become a commercial.

"I love cooking, but I'm not going to pursue that."

THE ASSOCIATED PRESS

**"When I'm in Nashville, I feel like I can go natural and not really worry about it, but I generally love makeup and I love dress-up. That's why award shows are so much fun for me"**

TAYLOR SWIFT



▶ Taylor Swift

3 life

**Famous faces**



When one thinks of Anna Wintour, hip hop doesn't normally come to mind. Yet, there she is, making an appearance on Sean "Diddy" Combs and Dirty Money's new album, Last Train to Paris. The album list of guest stars reads like a fashion week show schedule with Marc Jacobs, Andre Leon Talley, Zac Posen and Isaac Mizrahi delivering lines as well. Go to americanvogue.com to get a preview of it all. METRO



Outdoor adventurers setting the outerwear for city and suburbia too

# Embrace your inner bad girl

**Mac Cosmetics director Terry Barber offers new ways to look good**

NATALIA STUPAKOVA
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

**1 NATURAL BEAUTY**

"Translucent makeup will be very popular. It's all about wearing makeup without looking like you're wearing makeup," he says.

"You want to go for eye shadows that look sheer, like water colour."

**2 GO ORANGE**

"Orange lipstick will be the real hit," he says.

It appeared on the spring/summer '11 runways in every possible shade, from citrus orange to saffron, and is already showing up in stores.

**3 HIGH AND LOW**

"Makeup is like clothes. It's good to mix cosmetics from different brands, expensive and inexpensive," he says.

**4 EMBRACE YOUR INNER BAD GIRL**

"All of the women I've worked with have a little bit of a bad girl inside, and that's why they like my makeup. It doesn't matter if they're stars, models or just career girls."

# The '60s turtleneck makes a comeback

**Rollneck sweaters are trendy again Whether you like yours tight or loose, there are plenty of versions to choose from this year**

RICHARD PECKETT
WWW.METRO.LU
METRO WORLD NEWS IN LONDON

**1 UNIVERSAL LOOKS**
$355
mywardrobe.com

**2 ASOS**
$41
asos.com

**3 TOPMAN**
$48
topman.com

**4 UNIQLO**
$143
uniqlo.com

**5 GUCCI**
$580
gucci.com

The turtlenecks featured on the autumn/winter 2010 runways might have brought to mind images of Bob Dylan or your college professor. Iconic design houses, such as Gucci, Hermès and Z Zegna to name a few, were all part of the turtleneck revival. Team them with a corduroy jacket or a v-neck sweater for a distinguished look.
















Do you require parking near hospitals?

Sign a parking lease this Dec and receive your space for **$85/mth** (offer remains for remainder of lease)

Underground • Secure Parking • Video Surveillance
On Fenwick Street • Call 443 7074 for further details

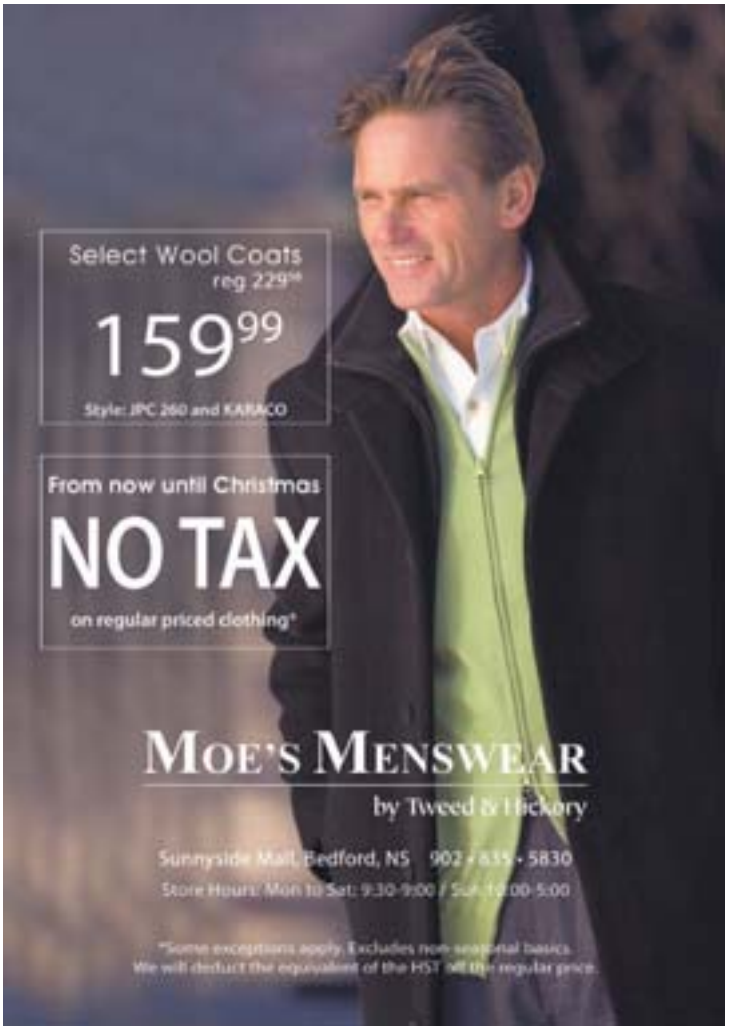
TEMPLETON | PROPERTIES
Halifax's 1st Choice for Apartments

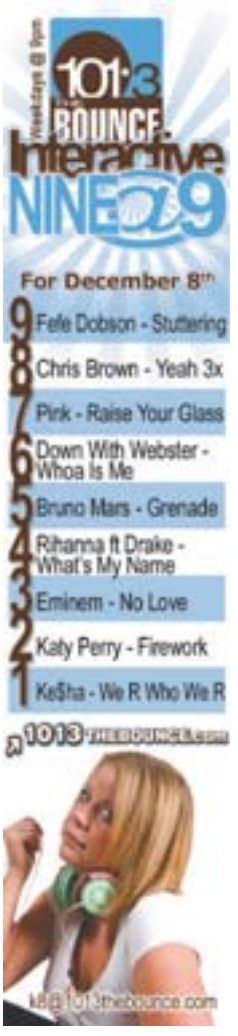
*prices exclude tax

YOU COULD
WIN
A POWERMAT WIRELESS CHARGING SYSTEM



POWERMAT WIRELESS CHARGING
facebook.com/powermatcanada
VISIT club .COM TO ENTER
To register and for full contest details visit clubmetro.com



METRO CUSTOM PUBLISHING

# HOLIDAY SHOPPING

## Spring Garden Area



Tastey gift ideas from around the world
page 03

Pampering givers and receivers alike
page 04

91 years of holiday spirit
page 7



Also Works as Mistletoe.



CHARM DIAMOND CENTRES

Spring Garden Road | Halifax Shopping Centre | Mic Mac Mall | Bedford Place Mall

www.charmdiamonds.com

# Gifts that sparkle

## Beautiful gems brighten the season

If Carol-Ann MacLeod has one piece of advice for men buying their significant other jewelry for Christmas, it's this: You can't go wrong with a diamond.

MacLeod knows what she's talking about; she's the manager of the Charm Diamond Centres at 5475 Spring Garden Rd. Of the 69 locations the Nova Scotia-family-owned company operates across Canada, this store, which opened in July of 2009, is the only one not situated in a mall.

That makes for a more pleasant shopping experience. "Since we're not in a busy setting, our customers are more relaxed while they're here," says MacLeod. With the countdown on to Christmas, that's a good thing.

It's not unusual for a man to propose marriage during the holidays; some give their partner an engagement ring in private, while others like to involve the whole family. Either way, men can choose from Charm's large collection of Canadian diamonds or a sparkler from another part of the world, all ethically sourced.

If a ring isn't on your wish list, there's a wide selection of diamond pendants, earrings and bracelets. And although Charm's inventory consists mainly of women's jewelry, watches are popular gift items for men.

Regardless of what you buy, the helpful staff will gift wrap your items for free. "We offer complimentary wrapping all year, but we do more of it leading up to Christmas," says MacLeod. Flexible payment and layaway plans help reduce strain on the wallet.

Charm will open its normally closed doors the four Sundays leading up to Christmas, from 12 p.m. to 5 p.m. On Dec. 10, it will take part in Shopping Under the Stars, opening until 10 p.m. and offering no taxes on gold jewelry and a "burst the balloon" promotion in which shoppers can receive 7 to 20 per cent off their purchase. Charm is also offering up to 50 per cent off select jewelry until the store closes at 5 p.m. on Dec. 24. With such great deals in the works, MacLeod cautions: "Don't leave your shopping to the last day. The earlier you start, the more selection you'll have and the more relaxed your experience will be."

— Jane Doucet



Of the 69 Charm Diamond Centres across Canada, the Spring Garden Road store is the only one not located in a mall.

Charm Diamond Centres







# A feast for the senses

## Pete's caters to everyone's holiday needs

For many people, do-it-yourself decorating and baking are an enjoyable part of the holidays. At Pete's located at 1515 Dresden Row, the staff feels the same way. To prove it, Pete's is kicking off the holiday season by focusing on what you can do yourself in your own home by hosting in-store demonstrations to show off Christmas entertaining and decorating tricks.

Customers can get tips on how to make festive shrimp Christmas trees, holiday centrepieces, fruit baskets, cheese trays, homemade eggnog—even potpourri. "We want to show our customers how easy and fun it is to make all of these things at home," says manager Melissa McPherson.

Pete's has become famous in Metro Halifax for its great selection—everything from produce, cheeses and artisan breads to meat, fresh seafood and groceries from around the world. It's the perfect mix for entertaining, says McPherson. "Cheese is a big thing all year, but the volume that we sell around Christmastime is really crazy. That's because it's perfect for entertaining. It's so easy to put a cheese tray together, and guests always love it."

Fresh fruit, nuts, fresh herbs and root vegetables are all popular during the holidays too. So are specialty foods from around the world. "During the holidays, everyone is looking for foods that remind them of their childhood," says McPherson. "We get a lot of people who come from some other part of the world who are looking for things they can't find anywhere else in the city."

For those who would rather leave the DIY work to someone else, Pete's also has a catering service that features cheeses, smoked salmon, meats, vegetables, antipasto and sweet trays. "Fruit and gift baskets are also popular during the holidays," says McPherson. "We make about 200 baskets a day at the peak of the holiday season. They make a great gift item for business associates and friends."

— Tom Mason








1535 Dresden Row, Halifax, Nova Scotia| www.dresdenrowmarket.ca

Make a special stop to get that unique and special gift.

DRESDEN ROW MARKET

Make a Special Stop




Pete's Frootique | Cucina Moderna | Topcuts | Cora Breakfast & Lunch | Premier Wine and Spirits | SnauBar Lebanese Cuisine
Taiba Café | Sushi Nami Royale | Top Drawer International Menswear | The Suitor | 2008 New Century Trading | DigitalCare Computers

# Soothing seasonal stress

## Now's the time to pamper yourself and others

It's that time of year again—the season of Christmas parties, both at the office and hosted by family and friends. If you want to primp in order to prepare for them, head to Vitality Medi Spa on the third floor of Spring Garden Place.

An oasis offering soothing spa and salon treatments, as well as cosmetic-medicine procedures such as Botox, Vitality Medi Spa has been located at its 5640 Spring Garden Rd. location for 20 years. "We have something for everyone and to suit every budget," says manager Elaine Hatcher.

The only salon in Nova Scotia that carries the Kérastase line of hair care products, Vitality Medi Spa's shelves are lined with a host of brightly coloured bottles and boxes that would fit neatly under the Christmas tree.

If you're seeking stocking stuffers, there are lots of choices from popular brand O.P.I. nail polish, including Holiday's Best Reds Lacquer Collection for $9.95 per bottle; Burlesque Little Teaser, a four-pack of mini nail lacquer bottles for $16.95; and Performing Pair Duo combination nail polish and lip gloss for $20.95.



If you're shopping for someone who is eco-conscious, the SpaRitual line of vegan nail lacquers are free of harmful formaldehyde, toluene and parabens. The bottles are crafted in Italy with reusable glass made from up to 50 per cent recycled materials.

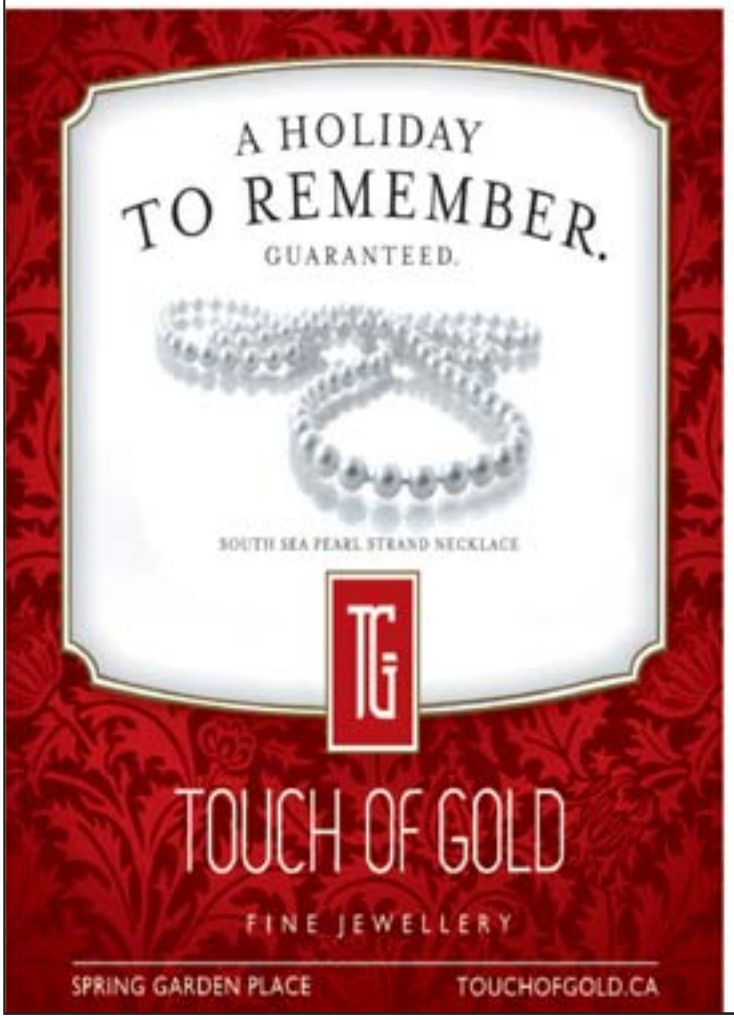
Don't fret if the selection of gift options leaves your head spinning; if that's the case, you can opt for the ever-popular Vitality Media Spa gift card, to which you can assign any dollar value. Even better — as part of the Spring Garden Area Business Association's Shopping Under the Stars promotion on Dec. 10 Vitality Medi Spa will offer a 15 per cent added value on gift cards.

"So if you want to buy a gift card with a $100 value, we'll give you one for $115," says Hatcher. On that day, Vitality Medi Spa will also waive the taxes on all regular merchandise. "Whether you're shopping with the goal of pampering others or yourself," says Hatcher, "come in and check out our beautiful products and great services."

— Jane Doucet










# What lies beneath

## *Lily's Lingerie puts something festive next to women's skin*

Over the past decade, Lily Dunn has learned that the people who buy the bulk of her Christmas merchandise will never get to use it. "A lot of husbands like to buy their wives underwear because they're tired of hearing, 'I hate my bra!'" says Dunn, the owner of Lily's Lingerie on 5411 Spring Garden Rd. "The closer we get to Christmas, the more and more men we see."

With this in mind, Dunn has made things easy for her male customers. "We have live mannequins in the shop's window, and they're wearing the lingerie we sell in the store. As well, we have fake mannequins in the store if a man wants to see a piece on one of them, to visualize how it would fit."



Live models pose in lacy items at Lily's Lingerie.

Lily's Lingerie

Women are steady customers during the holiday season too, as they search for the right lingerie to wear beneath a Christmas or New Year's Eve outfit. "Women like to wear new underwear during the holidays when they dress up to attend parties," says Dunn. "I like to call it dressing from the inside out."

Dunn promises that this year's collections have never been prettier. She expects that they'll form the foundation of many a glamorous party dress during the holiday season. — Shaina Luck

## WHAT'S IN STORE

Lily's Lingerie owner Lily Dunn is expecting a European shipment of beautiful silk pyjamas and nightgowns in the weeks leading up to Christmas. Red and black are perennially popular lingerie colours, but Dunn says that navy blue and silver are also in demand this year.

Can't decide what to choose for the special someone in your life? The best bet might be to buy a gift certificate. "Women don't mind getting gift cards because they like to come in and enjoy the experience of trying on certain pieces, then surprise their partner with what they bought," says Dunn. "So a gift certificate works out well for everybody."

**CORRECTION:** Soled Out Sneakers is located at 1587 Dresden Row in downtown Halifax. Incorrect information was printed on Nov 18.



# It's in the bag

For some, travelling during the holidays is as much a tradition as candy canes and fruitcake. For four generations, Kelly's Luggage has helped Maritimers prepare for their journeys, whether by horse and buggy or Boeing 747.

Kelly's first opened its doors in 1876 on Granville Street in Halifax. Today the manager of the store located in Park Lane Mall on Spring Garden Road is Chris Hobrecker, the fourth generation in the family business currently owned by his father, Brian.

In addition to the Park Lane store, there's a Kelly's in the Halifax Shopping Centre. Though both carry similar items, they have a few differences. "The Halifax Shopping Centre store is more of a destination location," says Hobrecker. "People go there knowing what they want."

While Park Lane Mall may lack the benefits of a parking lot, it benefits from a higher amount of foot traffic attracted by the smaller shopping complex on a busy street. "At Park Lane we have a different clientele and higher-end luggage lines," says Hobrecker. "A lot of people end up browsing here first, then they come back and purchase at a later date."

Kelly's is the only retailer in the province carrying Briggs & Riley Travelware, a top brand that not only comes with a lifetime warranty but also boasts an airline-damage guarantee. Those high-priced items are on sale this holiday season, which is a rarity, according to Hobrecker.

For pieces that cost more than $299, customers will save $50. In addition to this discount, Kelly's is slashing 40 to 50 per cent off selected items. And the store is participating in Shopping Under the Stars on Dec. 10, opening its doors until 10 p.m. and waiving the tax on regularly priced merchandise.

"At this time of year, we try to bring in specific items that will make great stocking stuffers," says Hobrecker. "We carry different travel games, manicure sets, toiletry sets, and other items people usually don't buy for themselves." — Jenna Conter



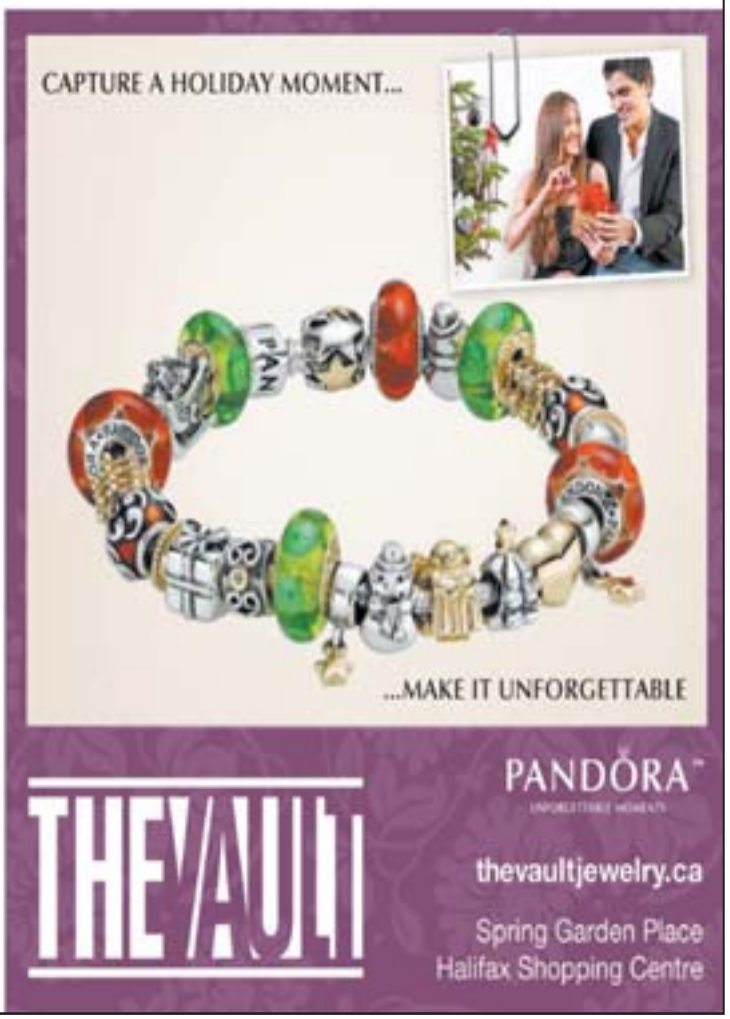
Chris Hobrecker is the fourth generation to work at Kelly's Luggage, his family's business.

Jenna Conter









Thanks to Mills' recent renovations, there's even more in the store for customers to choose from.

# Embracing old and new

Christmas at Mills is one part tradition, one part innovation. You just have to look at the holiday windows, where the annual Christmas displays were installed in the store at 5486 Spring Garden Rd. in mid-November. One window features a traditional snow princess, while the other is themed around a peacock.

"The peacock window is mostly focused on our holiday collection," says Moira MacDonald, Mills' director of marketing and communications. "This year peacock colours seem to be popular with customers. People are looking for alternatives to the traditional green and red Christmas."

Mills recognizes that the store's Christmas windows are popular, and it places a high priority on making them attractive to shoppers each year. Thanks to the store's recent renovation, there's even more for holiday partygoers and regular customers to look at: a series of small boutiques upstairs; a new escalator; hardwood flooring; and a brighter, more open space.

The atmosphere becomes more festive leading up to Christmas as Mills' suppliers bring in wine, spirits and gift samples. The store also open to creating new Christmas traditions; in a fairly recent innovation, it has started hosting client-appreciation holiday parties.

MacDonald cites a local law firm that's participating for a second year because its experience last year was so good. "The employees get to look at our fashion selection so they'll know what's in style," she says. "They get to walk away with some goodies as well. It's a learning experience for them, and it's fun. It's a different atmosphere than a traditional corporate ballroom a company would rent out for a regular Christmas party."

Companies that are choosing to go this route are looking for an alternative take on a Christmas party which also serves the practical purpose of helping its clients prepare their personal "look" for the holiday season.

"Some people don't know if they're up on the latest colours or fashions," says MacDonald. "Sometimes people are too timid to ask a sales associate for guidance. A holiday soiree puts the fun back in fashion and shopping." — Shaina Luck




Monday - Friday 9-9
Saturday 9-6
Sunday 11-5

Jennifer's of Nova Scotia

*This Christmas embrace the Unique & buy local…*
*Since 1978 our commitment continues, promising that each & every item at "Jennifer's" represents the work of an individual. We feature the talents of over 300 local artisans!*

***Located at 5635 Spring Garden Road (425-3119)***

LISE CHARMEL

Lily's

For all your holiday wishes…



**Christine Holiday Silks • Gift Certificates Available**

**The Bra Fitting Specialist** 5411 Spring Garden | 422-0161

Aubade | Empreinte | Juicy Couture | Lise Charmel | Felina | Ulla | Antinea



# *Amazing Spa Gifts* for under $30!

Professional Eyebrow Shaping Gift Certificate **$10.00** Regular $21.00!

1,2,3 Clean Mini Facial Gift Certificate **$29.00** Regular $53.00!

*Plus great natural spa products from LaNatura, Kneipp Herbal Remedies, Aroma Naturals Candles, Yonka Professional Skin Care, Jane Iredale Mineral Makeup all under $30.*

*Taxes not included in above promotions.*

THE SUMMIT
DAY SPA & WELLNESS CLINIC
summitspa.ca

**Halifax Location:** (902) 423-3888
5657 Spring Garden Road *(Park Lane Mall)*

**Bedford Location:** (902) 835-6888
1595 Bedford Highway *(Sunnyside Mall)*

# ShoppingUnderTheStars.ca

## Friday, December 10th

Join us for a night of savings, food, live entertainment, and much more!
Beginning at 5pm until 10pm.

spring garden
Always in season.

# An entertaining guru's wish list

## Claim your title as 'host with the most' with these unique home items

BONHOME.COM



▶ What better way to feel like a pro chef than a heat lamp to keep your hors d'oeuvres warm.

## DECOR MOMENT



KARL LOHNES
HOME@METRONEWS.CA

Living downtown means I have a lot of friends and family who surprise me with visits while they are in the city doing their holiday errands.

As a home entertaining enthusiast, I love all the toys that can help make a guest's visit a memorable one. Here are a few things on my wish-list that I hope to find under the tree this year.









**1 GEL CHEF'S MAT**
**GELPRO.COM**

Mats filled with a soft gel are like wearing comfy Uggs while cooking.

**2 MINGLING PLATES**
**PC HOME**

Bring your guests together with a smart plate that holds the wineglass.

**3 NESPRESSO MACHINE**
**NESPRESSO.COM**

A capsule-style espresso maker is every coffee lover's dream.

**4 BAILEYS IRISH CREAM**
**BAILEYS.COM**

Imagine an Irish cream latte; who needs dessert?

www.theparksofwestbedford.ca




THE PARKS
OF WEST BEDFORD
EMBRACING NATURE... ENJOYING LIFE.
a Clayton Cresco Partnership
902.832.1000

live@theparksofwestbedford.ca

nscece
NOVA SCOTIA COLLEGE OF EARLY CHILDHOOD EDUCATION

EARLY CHILDHOOD EDUCATION IS A CAREER THAT MAKES A DIFFERENCE



OPEN HOUSE
Thursday, December 16, 2010
3:00pm-7:00pm

Please join us to celebrate the new home of Nova Scotia College of Early Childhood Education with refreshments and fun. Guests are encouraged to bring a non-perishable food item to donate to Feed Nova Scotia.

6208 Quinpool Road, 2nd Floor
Halifax, NS 423-7114

info@nscece.ca
www.nscece.ca





Enjoy
20% OFF
all PARA interior paint and accessories.
Sale Ends Dec. 13

PARA PAINTS

COLE HARBOUR GLASS LIMITED
10 Wright Ave, Burnside • 468-6954

ALL YOU-CAN-EAT Japanese Cuisine
- - -7 Days a week - - -
100+ Items Included!
FRESH HAPPY SUSHI HEALTHY
Sushi • Sashimi • Teriyaki • Tempura • Rice • Noodles • Soup • Pop • Ice Cream
NOW OPEN • 362 LACEWOOD DRIVE • 902 429 9858

FISHERMAN'S MARKET
Your Neigbourhood Seafood Store
Bringing Our Customers Quality, Service, Variety & Value Since 1948
10% off YOUR NEXT PURCHASE
(Reg price items only Expires Dec. 20, 2010)
PLUS
A CHANCE TO WIN A $100 GIFT CERTIFICATE
Bring in this coupon and fill out a ballot, for a chance to win a $100 gift certificate. Draw date Dec. 20, 2010
Looking for great Christmas ideas? We offer:
• Gift certificates
• Corporate gift packages
• Customized party trays
• We can ship live lobsters & fresh seafood overnight to family,friends or clients
• Let us do all the work for you this holiday season
607 Bedford Hwy. 443-3474
Visit www.fishermansmarket.com for great recipes
Seafood packed for shipment & travel • Live lobsters & fresh seafood daily

# A neighbourhood with fun, creative


Tempura Haddock Burger

**Coastal Cafe serves up creative dishes in a cosy atmosphere You may end up becoming a regular**

## LUNCH RUSH

VALERIE MANSOUR
FOOD@METRONEWS.CA



I've always loved Coastal Café — a cosy north-end neighbourhood café with creative breakfasts, great soups, imaginative sandwiches and excellent coffee.

It's a comfy place with stools in the window for those who want to watch the world go by.

We order at the counter and our nicely presented food is quickly brought to our corner table.

I indulge in a Tempura Haddock Burger — a serving of fresh-tasting fish larger than its bun, flavoured with wasabi, ginger mayo and sesame peppers, and adorned with red onion, tomato and lettuce.

Accompanying it are excellent home-cut fries — thin and steaming hot — and a lovely green salad.

My friend chooses the day's special sandwich — turkey, cheddar cheese and bacon on grilled foccacia. It's delicious and accompanied by the same fries and salad.

She sips her pomegranate blueberry juice while I enjoy my tea and we wonder why we don't come here more often.


Awarded Restaurant of the Year by RANS
Best Western
Trendz Café & Wine Bar
Let there be holiday cheer...have your office party here!
Lunch Buffets Served week days December 6 - 23
New Year's Eve Dinner Buffet $44.99 pp (limited space, book now)
Shopping for that special someone? It's easy with Trendz gift cards!
446-3782 or 463-2000 • 15 Spectacle Lake Drive, Dartmouth • www.trendzcafe.ca

# cafe fare



- **The Coastal Cafe**
- 2731 Robie St.
- 405-4022
- thecoastal.ca
- Hours: Mon to Sat 8 a.m. - 3 p.m.; Sun 10 a.m. - 3 p.m. (weekends brunch menu only)
- Rating: ****
- Price range: $$
- Reservations: No
- Client negotiations: Yes
- Lunch with co-workers: Yes
- Social lunch: Yes
- Quick solo lunch: Yes
- Time in: 12:30 p.m.
- Time out: 1:30 p.m.

## Classic Macaroni and Cheese



### Ingredients:

- 1.5 l (6 cups) cooked macaroni
- 30 ml (2 tbsp) butter
- 1 l (4 cups) evaporated milk
- 125 ml (1/2 cup) sour cream
- 1.5 l (6 cups) old cheddar cheese, shredded
- 10 ml (2 tsp) salt
- 2 ml (1/2 tsp) black pepper

**Classic Macaroni and Cheese**

**Preparation:**

With Christmas shopping, festive school concerts and the hectic pace everyone endures during the holiday season, turning to your slow cooker for help to get meals on the table with little fuss makes perfect sense.

This comforting classic is perfect for such a time and it will no doubt become a family favourite. Serve with a veggie salad.

1. In a mixing bowl, toss macaroni with butter.
2. Stir in evaporated milk, sour cream, cheese, salt and pepper.
3. Place in a slow cooker. Cover; cook on low for 4 to 6 hours. Makes 6 to 8 servings.

THE CANADIAN PRESS

RBC Royal Bank®

12 DAYS OF HOLIDAY FINANCIAL TIPS



TIP #4: SHOP SMART ONLINE

When shopping online, be sure to buy from secure sites you know and trust – and look for *Verified by Visa*®1 or MasterCard®2 *SecureCode* for extra security.

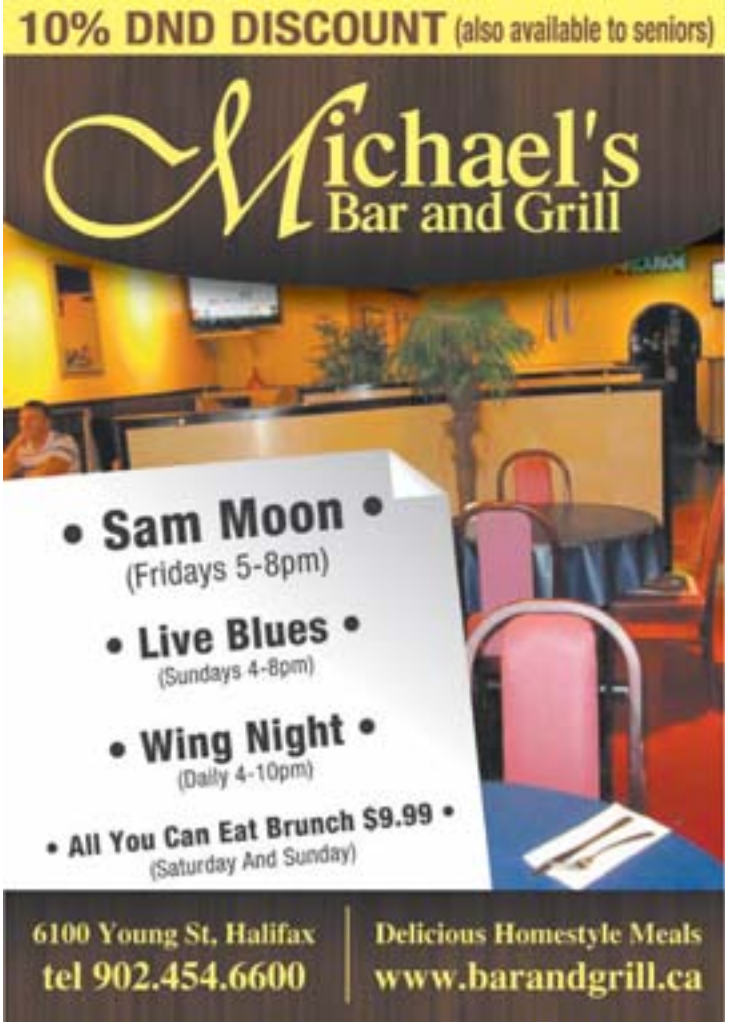


For more holiday financial tips, go to rbc.com/holidaytips

Advice you can bank on™

® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™ Trademarks of Royal Bank of Canada. ®1 Registered trademark of Visa International Service Association; Visa Canada is a licensed user. ®2 MasterCard is a registered trademark of MasterCard International Incorporated.

10% DND DISCOUNT (also available to seniors)




6100 Young St, Halifax
tel 902.454.6600

Delicious Homestyle Meals
www.barandgrill.ca

Give to a friend at no extra cost.

metro
News worth sharing.

Now Open in Cole Harbour!

Talay Thai Dartmouth

Authentic Thai Cuisine

Dine in or take out

984 Cole Harbour Road
462-1600
talaythaidartmouth.com

Mon-Thurs 11am-9pm • Fri 11am-10pm • Sat & Sun 5pm-10pm

ISTOCK





## Rock his holiday

Want to wow him this year? Metro's got you covered.
{page 24}

## For beautiful babes

Gentle care gifts for tiny tots
{page 26}



## 17 days until Dec. 25

Catch our next gift guide on Dec. 15



ALWAYS THE PERFECT GIFT

Gift giving made easy

Sears Gift Cards make great gifts. Starting as low as $10, they can be redeemed in store, online at sears.ca and through our catalogue.




Sears

NE122P310 © 2010. Sears Canada Inc.

# Our FINAL Event Before Christmas!



# 20% OFF* REG PRICE

## Thursday Dec 9 - Sunday Dec 12

**PSEUDIO**

Dartmouth Crossing
Halifax Shopping Centre
Park Lane Mall
Bayers Lake

**SAMUEL & Co.**

Halifax Shopping Centre
Park Lane Mall
Mic Mac Mall

**envy**

Halifax Shopping Centre
Park Lane Mall
*excludes Canada Goose

KIDZ By: Hansel & Gretel SHIRT SHACK
Customer Appreciation Sale
30% OFF All regular priced items*
*Custom printing not included
Scotia Square Lower Mall • 5251 Duke Street

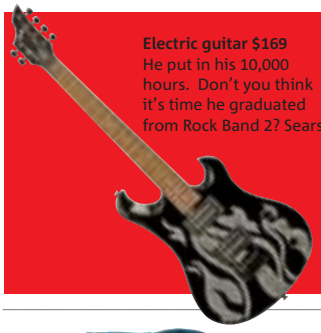


Riding in Style LEATHER
SAVE THE TAX IN DECEMBER
FROM SCOOTERS TO WINGS, WE'VE GOT YOUR THINGS!
• NEW Locally owned and family run
• Leather goods including jackets, chaps, heated vests, accessories & more
• Specializing in leather alterations
• If we don't carry it, we will find it for you!
Visit us for a chance to WIN a 2010 300cc Johnny Pag Spyder
528 Sackville Dr (across from McDonalds) Lower Sackville • 252-3377



'Not a creature was stirring... 'til the tunes came on!
Give the gift of music this holiday season:
• New & used LPs and CDs
• Buy/sell/trade
• We also stock record players!
$50 worth of free used vinyl with any record player purchase!
TAZ RECORDS
1593 Market Street, Halifax
422 5976 • info@tazrecords.com

# Get him what he really wants



**Electric guitar $169**
He put in his 10,000 hours. Don't you think it's time he graduated from Rock Band 2? Sears.



**Ecco Men's Golf Street $180**
If he loves golf that much, these hybrid shoes may confuse him into thinking he's on the links all the time. Everyone wins! ecco.ca for retailers.



**PKG Laptop sleeve $44.99**
For the hipster in your life: A plaid laptop sleeve for his beloved computer. Future Shop.



**Go Pro Sport Camera $349.99**
Just don't let him open this hardy gadget at the family Christmas party or shenanigans may ensue. Best Buy.



**Tiffany Sterling Silver Money Clip $150**
Bills look twice as thick in this sleek money clip. No, seriously.



**Messenger bag $129**
It takes a real man to sport a bag, but it takes a real stylish man to sport a Danier bag. Danier



**Calvin Klein District watch $290**
Does he fancy himself an amateur architect? This gorgeous asymmetric watch may blow his mind. The Bay.



**H&M Striped sweater $29.95**
Keep him warm and trendy at the same time. You're amazing! All H&M locations.

CONTENT COMPILED BY JORDANA DIVON

Looking for something exceptional for the musician on your holiday list?
We are your exclusive HRM Peavey dealer & service depot
• We now carry many NEW product lines and accessories
• Specializing in used, and vintage instruments
• Sign up for lessons in our Cool Music School
• Service and repairs
• We buy, sell, and trade
Now open Sundays until Christmas 12-4pm
Locally owned & operated, serving HRM for over 14 years




Gig Street Music
the coolest music store in Metro
6029 Cunard St, Halifax • 423-7813
Visit our NEW SITE: www.gigstreet.com

# Make her holiday stylin'

**Naot Talent boot, $230**
Proof that her feet can be fashionably clad and still survive winter intact, because you know what happens when her feet hurt. Check naot.ca for local retailers.





**Esprit beige sweater dress $119**
Wrap her up like a present in this chic, cosy knit; all Esprit locations.



**Attitude jewelery collection $17 - $30**
A woman can never have too many of these, and at this price you can make sure the black hole continues to feed and grow; Sears.



**Danier leather wrap skirt $169**
A much better allocation of bovine resources than that burger you ate for lunch yesterday; all Danier locations.



**Luvali Classic Tote, check retailer for price**
Just flip and Zip, the Luvali tote is reversible — a feature that is both fun and practical. Luvali is a "high end" convertible, no magnets or Velcro here, just custom sewing! Available at The Bay and luvali.com.

**Cartise red coat $375**
Wait till you see the way this showstopper stands out against the white snow, because we're sure in for a lot more of it. Check cartise.ca for local retailers.





**Kliik Denmark Green Screen frames $245**
The Danish don't just produce really good-looking people. Check wesgroupe.com for your local retailer.



**H&M Tote $49.95**
And here is an adorable bag for all her new baubles. Aren't you thoughtful! All H&M locations.





BIG CITY BRANDS. CLASSIC STYLE.
The Village Shops.



Live carolling. Saturdays & Sundays 2 - 4pm



THE VILLAGE SHOPS
AT DARTMOUTH CROSSING

Find us on Facebook

Located via Burnside / Hwy 118, Exit 12 (off Hwy 111)
dartmouthcrossing.com

# Small packages good things

## Bath and body gifts for the little ones in your life by Janine Falcon




**1**

**Burt's Bees Baby Bee Apricot Baby Oil, $9.99**
After the bath, nutrient-rich all-natural baby oil locks moisture in and maintains soft skin's healthy moisture barrier. **burtsbees.ca.**



**2**

**Kiss My Face A Whale of a Soap Duo, $8.99, Orange U Smart Detangler, $9.99**
A happy fruity scent adds a playful note to kiddie bath and grooming time. Whale-shaped soap doesn't hurt — neither does tangle-free hair. **well.ca.**



**3**

**Green Beaver Jr. Boreal Berries Bubble Bath, $9.25, Lip Balm, $3.89**
Bring on the bubbles with Canadian-made Green Beaver. Their natural stick balm helps little lips give winter the kiss-off, too. **well.ca.**



**4**

**Weleda Baby Calendula Face Cream, $14.25**
Protect delicate young skin and keep it supple with calming calendula in an all-natural formula. **well.ca**



**5**

**Hopscotch Kids Watercolors, $12.99 each**
The nail-colour craze has mini fans too; bypass toxins in favour of a water-based formula ranked tops for safety by Environmental Working Group. **hopscotchkids.com.**



**6**

**Bath & Body Works Mint Holiday Pocket Pacs, three for $5**
Rub-a-dub-dub, they'll give germs the scrub with cute, handy, kid-size sanitizers for pockets and backpacks. **bathandbodyworks.com**


What did you get this holiday season?

2% cash back[1] OR zip, zilch, zero

Sign up now for the 3-Month Cash Back Bonus[†].




Gas Stations · Grocery Stores · Drug Stores · Recurring Bill Payments

**The credit card that gives more cash back on everyday spending.**

- 2% cash back on eligible gas, groceries, drug store purchases and recurring bill payments
- 1% cash back on everything else
- Sign up now for the *3-Month Cash Back Bonus* and get 2% cash back on everything for the first three months

Apply now. Call **1-877-803-4878**, or visit a branch or **scotiabank.com/momentum**

You're richer than you think.®

Scotiabank®

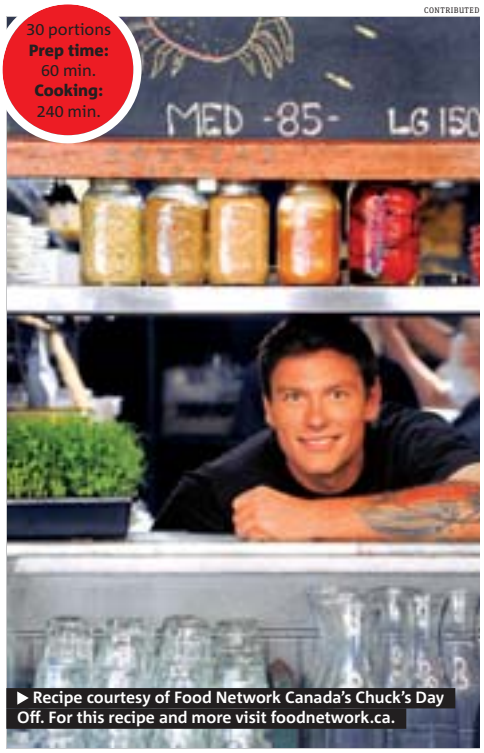
[1] You will earn 2% cash back on the first $25,000 you spend annually at merchants classified by VISA as Grocery Stores & Supermarkets, Drug Stores & Pharmacies, Service Stations, Automated Fuel Dispensers and Recurring Payments (Merchant Codes: 5912, 5411,5541 & 5542). Sometimes there are separate merchants located on the premises of these merchants but are classified by VISA in another manner, in which case this added benefit will not apply. Recurring payments are defined as payments made on a monthly or regular basis automatically billed by a merchant. Earn 1% cash back on purchases made after you have reached the 2% $25,000 annual max., and on all other purchases. *Scotia Momentum* cash back is not awarded for cash advances, *Scotia*® VISA Cheques, credit vouchers, payments, purchase returns, card fees, interest charges or service/transaction charges.

† Any purchases normally earning 1% cash back, will earn a full 2% cash back during the offer period. This special offer applies to purchase transactions appearing on your first three statements. Scotiabank may choose not to credit cash back on net annual purchases greater than $100,000 (combined spend between 1% and 2% cash back levels) or which on a monthly basis exceeds your credit limit. Account must be in good standing at time of cash back payout in order to receive the additional cash back. The bonus cash back will be accumulated and displayed in the "1.00% cash back" section of your statement within two statement cycles following the end of the offer. This offer may be withdrawn at any time without notice. Offer ends February 28, 2011.

* Visa Int./Lic. user The Bank of Nova Scotia. ® Registered trademarks of The Bank of Nova Scotia.

# The legendary holiday Turducken

CONTRIBUTED




30 portions
**Prep time:** 60 min.
**Cooking:** 240 min.

▶ Recipe courtesy of Food Network Canada's Chuck's Day Off. For this recipe and more visit foodnetwork.ca.

## For a standout dish, try this — your guests will be speechless

**Ingredients:**
- 1x25 pound turkey, deboned
- 1x5 pound duck, deboned
- 1x3 1/2 pound chicken, deboned
- 1 Italian truffle
- 1/2 cup smoked paprika (125 ml)
- 1/2 cup melted butter (125 ml)
- Salt and pepper
- Stuffing

**Preparation:**

1 Spread the turkey, skin down, on a flat surface, exposing as much meat as possible. Sprinkle the meat generously and evenly with a total of about 3 tablespoons of the smoked paprika, patting the seasoning in with your hands. (Be sure to turn the leg, thigh and wing meat to the outside so you can season it too.) Season with salt and pepper.

2 Stuff some stuffing in the leg, thigh and wing cavities until full but not tightly packed. (If too tightly packed, it may cause the leg and wing to burst open during cooking.)
Spread an even layer of stuffing over the remaining exposed meat, about 1/2 to 3/4 inches thick. You should use a total of about 4 cups of stuffing.

3 For the duck, remove some of the fat and keep aside. Place the duck, skin down, on top of stuffing, arranging the duck evenly over the stuffing. Season the exposed duck meat generously and evenly with smoked paprika, using about 1 tablespoon, and pressing it in with your hands. Season with salt and pepper.
Then spread about 1 cup of the stuffing evenly over the exposed duck meat, making the layer slightly less thick, about 1/2 inch thick. Repeat with the chicken and the remaining stuffing. Place an Italian truffle in the centre (optional).

4 With the assistance of your helper, carefully lift the open Turducken into an ungreased 15x11 baking pan that is at least 2-1/2 inches deep. (Note: this pan size is ideal because the Turducken fits snugly in the pan and stays in the proper shape while cooking.)

5 Enlist someone's help to close Turducken. Fold the sides of the turkey together to close the bird. Have your helper hold the turkey closed while you sew up all the openings, making the stitches about 1 inch apart.
When you finish sewing up the Turducken on the first side, turn it over in the pan to sew closed any openings in the other side. Then tie the legs together, just above the tip bones.
Leave the Turducken to cook, breast side up, in the pan, tucking in the turkey wings.

6 Place the Turducken pan in a slightly larger pan with sides at least 2-1/2" deep, so that the larger pan will catch the overflow of drippings during cooking. Season the exposed side of the Turducken with the remaining smoked paprika, patting it in with your hands. Brush with melted butter.

7 Bake the Turducken at 325F (170C), about 4 hours, until done, or until a meat thermometer inserted through to the centre reads 165 °F. When done, remove the turducken from the oven and let rest for about 15 minutes.






Becca's Boutique
Designer Inspired Fashions and Accessories

SAVE THE TAX IN DECEMBER



Great value on unique holiday gifts and stocking stuffers

From stylish leather handbags to colorful cashmeres to designer inspired jewelry

First & only location in NS to offer **Erica Giuliani** boot and shoe accessories

528 Sackville Dr (across from McDonalds) Lower Sackville | 252-3377

Summit Place Building
1601 Lower Water Street
Halifax, Nova Scotia
Phone: 902 422-7106

maps&more
The Travel Store

Store hours
Mon to Sat | 10 am to 6 pm
Call for seasonal hours
Free parking



We are Atlantic Canada's Leader in travel maps and books.



Original Antique Maps of Nova Scotia and the World

www.mapsandmore.ca




NEPTUNE THEATRE'S 2010-2011 SEASON
HOLIDAY SUBSCRIPTIONS
3 Plays for $99

It's hard to fit awe-inspiring theatre under a tree, but we've found a way. A Neptune Holiday Subscription is 3 plays for just $99, including *West Side Story*, *MacHomer* and *The Wizard of Oz*.

429-7070
neptunetheatre.com

NEWSCANADA



▶ Mom and dad can be hard to buy for, so we have some ideas to get you started.

# Holiday shopping for the folks

You're in the midst of holiday shopping season and you're almost done. But the few you have left you've been dreading – gifts for your parents. They haven't been very helpful either — all they've told you they want is grandchildren.

So, in lieu of grandkids, here are some great gift ideas for mom and dad to get you started.

## Good for mom and dad

• A gift certificate to their favourite restaurant.

• A GPS device. Go for a model that is simple and easy to operate.

## Good for dad

• A multi-tool. Dads like their gadgets; moms like gadgets that don't fill up two rooms in a house. Everyone wins.

• Game tickets to your dad's sports team of choice.

• A sampling pack from a local brewery. If you're the favourite son or daughter, you might complement this with a pack of steaks.

## Good for mom

• A nice perfume. Even if she doesn't use it often, a nice luxury gift will make her feel special.

• A gift certificate to a day spa. She'll feel pampered, and she'll get away from having to hear about your dad's new multi-tool.

• A digital picture frame. Preload this with family photos, including some embarrassing child photos that she loves. Your feelings on the photos are irrelevant. **NEWSCANADA**



# MAKE TASTY THINGS

**1 VEGGIE PRO $199.99**
Veggie fans can grow full-size tomatoes, bell peppers and more all year round with minimal effort. This completely automatic Aerogarden Veggie Pro system turns lights on and off and alerts when it's time to add water; **available at Canadian Tire.**


1

**2 BRIE BAKER $14.99**
Set to make even the finest multiple-cream brie that much more delectable, this classic crockery comes with bead-encrusted spreader and recipe book; **available at HomeSense/Winners.**


2

**3 CHEESE KNIFE $14.99**
Imported from France, these knives ensure everything from the toughest Romano blocks to buttery Camembert aren't rendered mush by dull blades. Custom handles accent aesthetics while improving slicing; **available at HomeSense.**


3

**4 PREMIUM COFFEE $8**
PC 100% Single Origin Coffees boast a variety of exclusive premium choices such as Hawaiian, Sumatran and Costa Rican; **available at Loblaws, Zehrs, Canadian Superstores.**



4

**5 MARTINI KIT $9.99**
Bring the party to them with this affordable-albeit-stylish stainless-steel shaker and ready-to-use pomegranate and cranberry mixes, which are sure to turn festive times even more joyous; **available at Winners.**


5

**6 SLOW COOKER $74.99**
A six-quart removable dishwasher-safe stoneware crockery, programmable temperature shift, three heat settings, probe thermometer and wrap-around heat for even, consistent cooking; **available at Sears.**


6

**7 LOAF PANS $9.99**
President's Choice Five-Pack Baker's Gift Square and Loaf pans are sold in sets to maximize baking potential and come ready-to-give with a red ribbon; **available at Loblaws, Canadian Superstores.**


7

**8 FOOD PROCESSOR $349.99**
The Cuisinart Elite Collection rugged die-cast food processor offers 12 and 4-cup bowls with pour spouts and measurement markings as well as stainless-steel adjustable shredding and slicing discs. **Available at Canadian Tire.**


8

**9 COFFEE MAKER $99.99**
Personalized for disparate coffee drinkers, the Hamilton Beach Custom Pair Deluxe features a dividable basket, three brew methods, small batch flavour optimization, iced coffee function and more; **available at Sears.**


9






# Music to fit their soul

## Fill their stockings and ears with these great CD gifts



**Michael Jackson**
**Michael**
$17.99 (available Dec. 14)
A full-length album featuring original material recorded before Michael Jackson's death, Michael is sure to be one of the most talked-about album releases this season. The first single, Breaking News, was streamed online last month and fans likely won't pass up the opportunity to hear some previously unreleased songs. Available at music retailers.



**Michael Bublé**
**Crazy Love Hollywood Edition**
$16.99
The two-disc set features the original Crazy Love and an eight-song Hollywood the Deluxe E.P. companion disc including four new studio recordings and four live takes from the 2010 Crazy Love Tour. Bublé is a particularly strong live singer so the live recordings alone make a solid buy for fans and of course a few new songs will also be welcome. Available at music retailers.

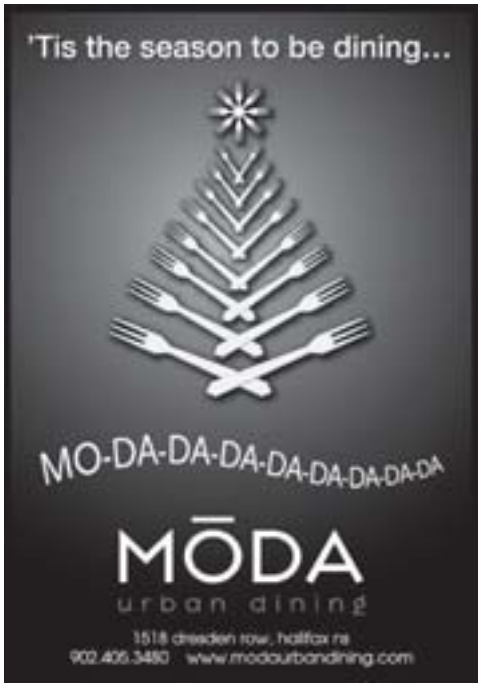


**Rod Stewart**
**Fly Me to the Moon ... The Great American Songbook Vol. V**
$9.99
Rod Stewart shows off the lasting appeal of his voice with an album of American classic covers including Beyond the Sea, Moon River, I've Got You Under My Skin and, of course, Fly Me to the Moon. If your gift receiver has ever owned a Rod Stewart album, chances are they will be happy to get another. For fans this is a solid bet. Available at music retailers.



**Florence and the Machine**
**Lungs**
$9.99
The 2009 debut album from Florence Welch is still one of the most intriguing, exciting listens around and features dark humour and a Tim Burton-esque artistic flair for the unusual. Full of fragility and dense beauty, it's an album that can draw a surprisingly wide net of listeners. Available at music retailers.









- Third-year Mooseheads goalie returns from road trip refreshed, looking to redeem himself at home against Wildcats tonight and Remparts on Saturday
- Solid play will be key as Mooseheads seek to improve 10-20-0-1 record

METRO FILE



# Something to prove

MATTHEW WUEST
@METRONEWS.CA

The last time Mathieu Corbeil started a game at the Metro Centre, he ended up being pulled and spent the better part of two periods in the dressing room, contemplating his predicament.

Things hadn't been going well for the 19-year-old Halifax Mooseheads goaltender in an up-and-down season, and it was starting to wear on him.

"There are always times in hockey where nothing goes right and hockey's not your favourite sport anymore and you're just not having fun," Corbeil says.

That night, Nov. 12, certainly wasn't fun. He allowed two goals on three shots in nine minutes in a 5-1 loss to P.E.I., just a week after allowing three goals on six shots in a third-period meltdown that cost his team dearly in a 5-4 loss to Shawinigan.

A case could be made that the Mooseheads would have won both games with better goaltending, so head coach Bobby Smith switched to rookie Anthony Terenzio for the next four games.

Corbeil, a fourth-round draft choice of the Columbus Blue Jackets, ended up getting what amounted to 14 days "off" to get his head on straight.

He says he realized he just wasn't working hard enough, despite efforts to improve his technique under the guidance of goaltending consultant Eric Raymond — his third goalie coach in as many years.

"We've been really working on technique a lot, but it got to a point — I'm blaming it on myself, it's all my fault — where I took the technique and thought it was going to stop pucks for me," Corbeil says. "I didn't think I'd need work ethic. But I realized pretty quick that wasn't the case."



**"He just feels good about his game. He feels he's back on top of his game and that's important."**
HEAD COACH BOBBY SMITH

He says he put his nose to the grindstone in practice and waited for a chance to prove himself again. When Terenzio got banged up during a game against Cape Breton on Nov. 26, Corbeil got back in the net.

He has since started four consecutive games, all on the road, and has a 2.63 goals-against average and a .922 save percentage in his past three outings.

"Playing on the road was exactly what he needed," says Smith. "Not only did he keep the goals-against down, he just looked in control, rebounds were sticking to him, he was catching the puck, and it was a very positive sign for the team."

If the six-foot-six, 192-pound Montreal native can stay on top of his game, it will certainly boost the Mooseheads' uncertain rebuilding effort.

Corbeil says he's learned from his recent experience that a bad game is a bad game — well, two bad games are two bad games — and he can't dwell on it.

"It can't always go well ... A goal-scorer can't score every game and obviously, I'm going to have bad games," he says. "Unfortunately, I had bad games in a row like that. But you have to fight through those times.

"I came back to practice and didn't let go and didn't give up. I came back stronger and tried to work harder in practice. It turned out well for me on the road trip."

A big challenge lies ahead. With the Moncton Wildcats visiting the Metro Centre tonight and the Quebec Remparts in town on Saturday, a solid, reliable Corbeil will be needed for the Mooseheads to have a chance. A solid, reliable Corbeil will also help him win back fans whose patience with him has started to wear thin.

"When you're playing well, you keep playing well ... When you're playing bad, you keep playing bad," he says. "It gets to be a vicious cycle. But I've been playing well the past three games, and I have to keep working hard and show everyone (what I can do) and get the Mooseheads fans back on track."

**Career**

Mathieu Corbeil's season-by-season games played, wins, goals-against average and save percentage with the Herd.




| 2008-09 | 2009-10 | 2010-11 |
|---|---|---|
| 24 GP | 50 GP | 20 GP |
| 3 W | 8 W | 7 W |
| 4.33 GAA | 3.83 GAA | 3.78 GAA |
| .876 Sv% | .883 Sv% | .870 Sv% |

4 sports

**Sports news**

**Adam Baboulas**
The Saint Mary's Huskies fifth-year offensive lineman has signed with the B.C. Lions of the Canadian Football League. Baboulas, an Atlantic University Sport all-star, was a sixth-round pick (41st overall) of the Lions last year.





**Tajuan Porter**
The Halifax Rainmen inked the five-foot-seven point guard this week, bringing their contract count up to nine. The Rainmen, who have four other players on tryouts, open the Premier Basketball League pre-season on Friday against the Saint John Mill Rats in New Brunswick.

Scan code for sports

# Moves aplenty at winter meetings

**Pena headed to Cubs • Konerko back to White Sox • Yankees make first offer to the coveted Cliff Lee**

A few hours apart, both Chicago teams filled their needs at first base — Carlos Pena joined the Cubs, Paul Konerko returned to the White Sox.

Another first, too, at the winter meetings yesterday: The New York Yankees made their initial offer to free agent Cliff Lee.

No telling exactly how much money or how many years the Yankees proposed. But there's no mistaking how eager they are to sign the prize pitcher.

"Hannibal Lecter in a straitjacket right now, waiting on this Cliff Lee thing," general manager Brian Cashman said.

Outfielders Jeff Francoeur (Kansas City) and Matt Diaz (Pittsburgh) found new teams while designated hitter Jack Cust (Seattle) and former all-star reliever George Sherrill (Atlanta) appeared to be on their way.

Hard to tell about Tampa Bay shortstop Jason Bartlett, however. After a trade with Baltimore fell through, the Rays worked on a swap that would send him to San Diego.

The last full day of this week's session was active, with many teams in the mix. Still in play are big-name free agents Carl Crawford, Adrian Beltre, Magglio Ordonez and Manny Ramirez, along with Lee.

"The winter meetings have usually been a lot about first meetings, and we're into second and third meetings," top agent Scott Boras said. "I've gotten two deals done here. I'm trying to think back to when that's happened. It's been a while."

Boras put Pena and the Cubs together in a contract worth $10 million US for one year. The 32-year-old Pena hit a career-low .196 this season with 28 home runs and 84 RBIs for Tampa Bay.

"I'm extremely confident. I don't tend to look back on my failures and dwell upon them," Pena said.

Konerko got a $37.5-million, three-year deal to stay with the White Sox. The 34-year-old hit .312 with 39 home runs and 111 RBIs last season. THE ASSOCIATED PRESS

**Almost done**

- The meetings end today with the Rule 5 draft, mostly made up of minor league veterans left off 40-man rosters.







# Money doesn't guarantee wins

**Some of the NHL's top-spending teams are out of the playoff picture**

In the NHL's salary-cap system, teams don't always get what they pay for.

Six of the league's biggest spenders found themselves out of the playoff picture yesterday morning, which is why this week's news that the salary cap is expected to jump again doesn't necessarily signal the NHL has become a league of "haves" and "have-nots."

New Jersey, Calgary, Ottawa, San Jose, Minnesota and Toronto are all in the top half of the league in spending, according to capgeek.com, and are among those currently chasing a playoff spot. Meanwhile, a number of other teams are thriving despite spending less than the $59.4-million US salary cap.

"You don't necessarily have to be there (to be competitive)," said Tampa Bay GM Steve Yzerman.

When Yzerman was hired by Lightning owner Jeff Vinik at the end of May, he was given a tight budget. The team is currently carrying a roster that is more than $10 million below the salary cap, but finds itself inside the top eight in the Eastern Conference.

There is no guarantee Yzerman will ever be given the green light to be as free-spending as his colleagues.

"In due time, if we can be successful in our plans, we feel we'll be able to compete and potentially our budget will change," said Yzerman.

**"Whatever they give us to spend, that's what we're going to spend."**
LEAFS GM BRIAN BURKE

"For the time being, I'm very comfortable with the budget that we have. (I think) that we can compete. Obviously, we'd all love to have the same resources as other teams but that's not the reality.

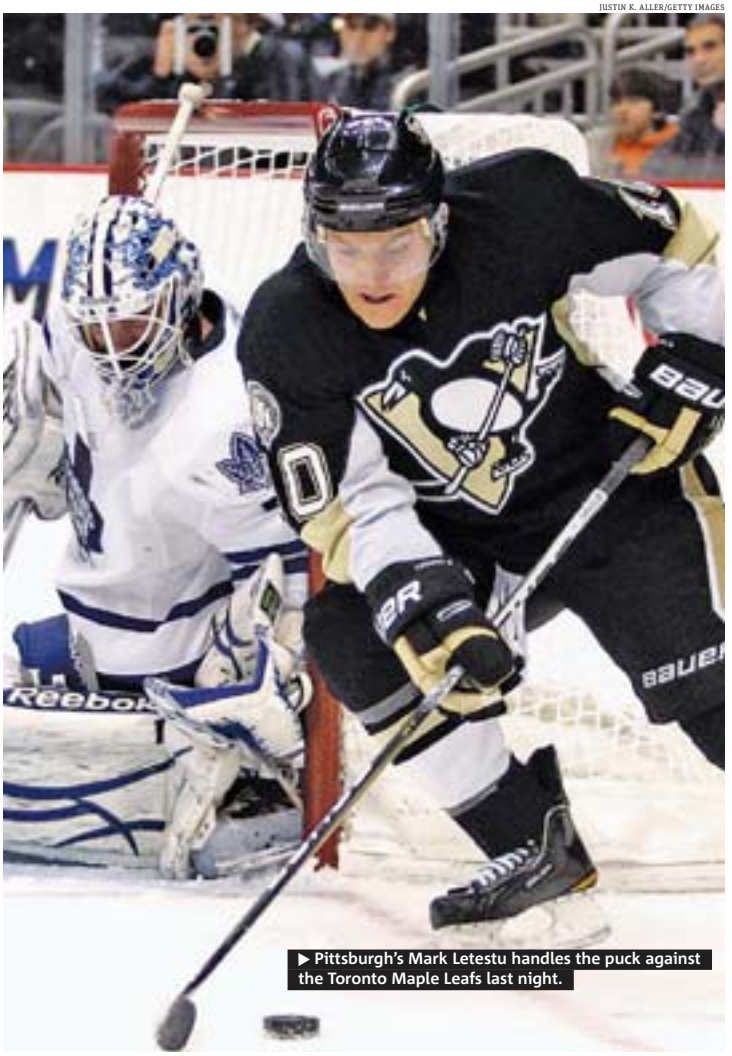
"It will never be that way no matter what system (we have)."

No one is currently getting better bang for their buck than the Thrashers, who have the league's lowest payroll according to capgeek.com. Despite that, they sit alongside the Lightning with a matching 15-10-3 record.

Atlanta president Don Waddell, who relinquished the GM duties to Rick Dudley earlier this year, says he isn't concerned that the NHL is projecting the salary cap to rise above $62 million for the 2011-12 season. If that happens, the salary floor would climb to more than $46 million and teams like the Thrashers would have to increase their payroll to be compliant.

THE CANADIAN PRESS

JUSTIN K. ALLER/GETTY IMAGES



▶ Pittsburgh's Mark Letestu handles the puck against the Toronto Maple Leafs last night.

## Crosby scores two more as Pens win 11th straight

| 5 | 2 |
|---|---|
| PITTSBURGH | TORONTO |

Sidney Crosby scored twice during his fourth multiple-goal game in his last six, and the Pittsburgh Penguins won their 11th game in a row by beating the Toronto Maple Leafs 5-2 last night.

The Penguins, 12-0-1 since last losing in regulation on Nov. 10, are on the second-longest winning streak in franchise history. Their only longer run was their NHL-record 17-game streak during a 119-point season in 1993.

That's back when Wayne Gretzky and Mario Lemieux regularly scored goals in bunches but, during a much different era when goals don't come as easily and 100-point scorers are scarce, the 23-year-old Crosby is on a remarkable scoring pace.

The former NHL MVP and scoring champion has 20 goals and 15 assists during a 17-game scoring streak that is two shy of his career best, and he has 14 goals during Pittsburgh's winning streak.

Crosby also has nine goals in the Penguins' last four home games. He also has at least one goal in 13 of 17 games.

There's more: Crosby has figured in 22 of the Penguins' 37 goals during a streak that began after they lost a 2-1 lead in the final minute of a 3-2 overtime loss to the Rangers on Nov. 15. THE ASSOCIATED PRESS

# Arsenal, Shakhtar, Roma complete picture

AKIRA SUEMORI/THE ASSOCIATED PRESS



▶ Arsenal's Samir Nasri

AS Roma, Shakhtar Donetsk and Arsenal became the final three teams to reach the knockout stage of the Champions League yesterday.

Roma secured second place in Group E, behind Bayern Munich, by drawing 1-1 at Cluj. FC Basel came into the final matchday needing to beat Bayern to stand any chance of catching Roma but was thrashed 3-0 in Germany.

Group H had both qualifying spots open, but Shakhtar finished at the top by winning 2-0 at home to FC Braga, and Arsenal joined the Ukrainian champions after a nervy 3-1 victory over Partizan Belgrade.

Chelsea's perfect record in Group F ended with a 1-0 loss at Marseille, while Real Madrid remained unbeaten in Group G courtesy of a 4-0 win over Auxerre.

THE ASSOCIATED PRESS

Service Directory - To advertise contact Chris Cannon at 421-5826

CARPETING
CARPET
Quality Broadloom/Berber
@ Discount Pricing
Call Phil – 444 4766
www.carpetdeals.ca

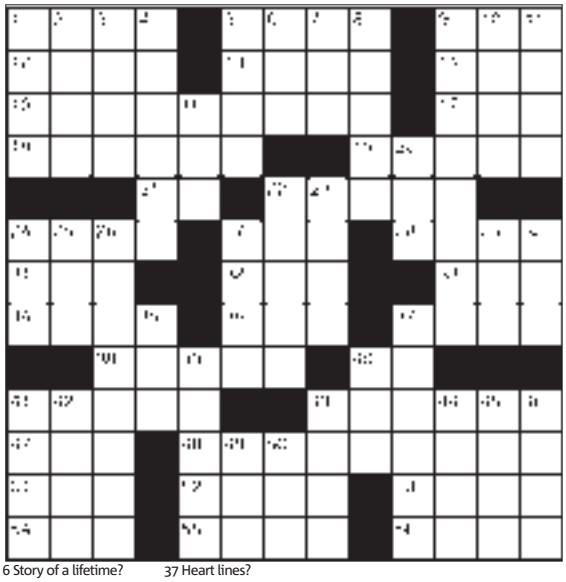
HOME IMPROVEMENT
Moisture in Windows?
get the FOG out
FREE ESTIMATES
902.468.4364
GetTheFogOutAtlantic.ca

FINANCIAL
NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1866 499-5629
And get cash now!!
www.mynextpay.com

WASTE REMOVAL
TIME TO TOSS IT
• Estate & construction debris cleanups
• small demolition
902 449 0232

ENTERTAINMENT
MARITIME REPTILE ADVENTURES
Book any birthday party for 2011 and receive
10% OFF
(offer expires December 31, 2010)
902-465-6049 or
Toll Free:1-877-204-3838
MaritimeReptileAdventures.com

## Crossword



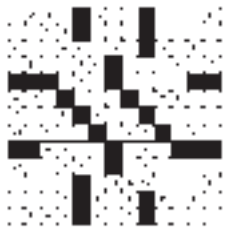
**Across**

1 Minuscule bit
5 Lend an illegal hand
9 Eviscerate
12 Trademark symbol
13 Old Italian money
14 Spring mo.
15 Travel while campaigning
17 Fish eggs
18 Mono alternative
19 Minimal change
21 Yoked beast
22 Saw
24 "The Amazing —"
27 Bear hair
28 Pirates' quaff
31 Geological period
32 Anger
33 Mate of 37-Across
34 Predicate necessity
36 Legislation
37 Mate of 33-Across
38 Cancels out
40 "Forget it!"
41 "— Foolish Things"
43 One side of the Urals
47 Old garment
48 "Phooey!"
51 Clay, today
52 Incite
53 On the briny
54 "Ulalume" writer
55 "Desire Under the —"
56 Ollie's pal

**Down**

1 Church vestments
2 Perfectly
3 Fairy tale baddie
4 Fifth President
5 Choir member
6 Story of a lifetime?
7 Screw up
8 Florida city
9 Accumulated
10 Informed about
11 Deuce beater
16 Gender
20 Early bird?
22 Emanations
23 TV host Carey
24 Gun the engine
25 Exist
26 Noted steel tycoon
27 Stuff
29 Eggs
30 Prized possession
35 Clear the tables
37 Heart lines?
39 Sill
40 Rapa — (Easter Island)
41 Snare
42 Head light?
43 Tackles' teammates
44 Brewer's kiln
45 Entreaty
46 Vivacity
49 "You've got mail" co.
50. Aries

▶ Yesterday's answer



## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | 2 | | 9 | | | 6 |
| | 9 | | 8 | | 1 | | 3 | |
| | | 8 | | | | 9 | | |
| | | 9 | 3 | | 7 | 1 | | |
| 2 | | | | | | | | 9 |
| | | 3 | 5 | | 6 | 4 | | |
| | | 6 | | | | 7 | | |
| | 2 | | 7 | | 3 | | 5 | |
| 4 | | | 6 | | 8 | | | 1 |

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



## Send a KISS

**Show some love! Send a note to somebody special at kiss@metronews.ca**

*This time last year, I wondered when the girl of my dreams would make her grand entrance. Thanks to you sweetheart, I am no longer asking this question. It has been a wonderful experience for me to be journeying through this part of my life. I would like you to know how grateful I am to have you in my life.* **SURUJPAUL**

*Muah! Sending a birthday kiss to a very special someone...May you continue to be the handsome, loving, and talented young man you are...I am so happy to share another birthday with you babe. Love you SO much.* **P.**

*Jayman, you make the happiest person ever! I am the luckiest girl ever to have you. I love you more than anything and Xmas break can't come soon enough. MISS YOU* **YOUR SARE-BEAR**




## Today's horoscope

*For today's crossword answers and for expanded horoscopes, go to metronews.ca*

**♈ Aries March 21-April 20** Keep reminding yourself that all things are possible. The obstacles you encounter today are not there to stop you but to encourage you to climb higher.

**♉ Taurus April 21-May 21** You'll feel a lot more confident about your prospects today, even though nothing much has actually changed. Maybe you can sense that it won't be long before a more positive and productive cycle begins.

**♊ Gemini May 22-June 21** Try to deal with people who annoy you with courtesy. It may be easier to lose your temper, and you may have every reason to do so, but a more considerate approach will work wonders.

**♋ Cancer June 22-July 22** Stay on top of your workload today. If you let things slide, you will find it difficult to catch up later. The best way to get things done and still have time to yourself is to delegate. Trust those with whom you work.

**♌ Leo July 23-Aug.23** Be assured that the efforts you make, both at home and at work, will pay off. It may seem as if you are putting yourself out for no gain, but important changes are taking place behind the scenes.

**♍ Virgo Aug. 24- Sept. 22** It would appear that you are taking certain issues far too seriously. OK, so others may be behaving in ways that you do not approve of, but so what?

**♎ Libra Sept. 23-Oct. 23** Resist the temptation to draw attention to something that is likely to embarrass a loved one or friend. It may be good for a laugh but it will be held against you. Be nice.

**♏ Scorpio Oct. 24-Nov. 22** Money matters and business issues are good, but that does not mean you have the green light to get involved in something that clearly has unacceptable risks. Can you afford to lose a fortune?

**♐ Sagittarius Nov. 23-Dec. 21** A dispute of some kind is likely today. But with any luck, it will be over as quickly as it started. Even without luck you are advised not to take it seriously.

**♑ Capricorn Dec. 22-Jan. 20** You seem to be expecting too much of yourself and need to lower your sights. One of the reasons you are aiming so high is because you think you have to prove yourself to others. You don't.

**♒ Aquarius Jan. 21-Feb. 18** Everyone is born with a special talent. If you don't know yet what yours is, it's about time you found out. What is it you do best? What is it that comes easiest to you?

**♓ Pisces Feb. 19-March 20** If you stay calm while others are getting annoyed, you will make a big impression on employers and colleagues. Yes, you have leadership qualities. **SALLY BROMPTON**

## Caption contest

GEORGE FREY/THE ASSOCIATED PRESS




WIN!

### You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

CHARLES KRUPA/THE ASSOCIATED PRESS



Feel like everyone's looking at you? They are. But don't worry. It's only because they want your Metro.
metro News worth sharing.

FLIGHT CENTRE Unbeatable
Kids Fly & Stay FREE△
when booking your WestJet Vacations package to Orlando with Flight Centre.
WESTJET vacations
1 866 967 5402 | flightcentre.ca
△Conditions apply. Valid for children aged 2-17 years old. Taxes & fees are extra and must be paid for at the time of booking. For every one paying adult that travels, one child will fly free. Must include include minimum 7 nights accom in Orlando area. Offer valid for bookings made by December 31, 2010 for travel before February 16, 2011. Blackout Period: Dec 27, 2010 – Jan 4, 2011. Available for packages originating in Halifax. Offer subject to availability.

find us follow us friend us
We're all over your city in more ways than one. Metro brings you breaking news and great reviews.
metro



# Bluenotes'

*if jeans could talk™*

blnts.com
– SHOP 24/7 –

## WE'RE SPREADING SOME HOLIDAY CHEER

-THIS WEEKEND ONLY-

## SALE STARTS TODAY!

# 50% OFF

Select Styles

Signature Card and Gift Card purchases not included.
Signature Card Members receive an additional 10% off.
Some other exceptions may apply.

**SHIRTS** FROM ..... $7.50
REG. $15

**SWEATERS** FROM ..... $10
REG. $20

**JEANS** FROM ..... $10
REG. $20

**QUILTED VESTS** FROM... $10
REG. $20

**GUYS JACKETS** FROM..... $15
REG. $30

**GIRLS JACKETS** FROM... $20
REG. $40

**CHAIN LAKES**
201 CHAIN LAKE DRIVE
HALIFAX, NS, B3J 3N4
902.876.8904

**HALIFAX SHOPPING CENTRE**
7001 MUMFORD RD,
HALIFAX, NS, B3L 2H8
902.455.0850

**MIC MAC MALL**
21 MICMAC BLVD,
DARTMOUTH, NS, B3A 4K6
902.469.4929

**BEDFORD PLACE**
1658 BEDFORD HWY,
BEDFORD, NS, B4A 2X9
902.835.3788

# METRO'S #1 TRUCK DEALER!

## Nova Scotia's #1 Selection




### 2011 Ram Quad Cab 1500 4x4 ST

11RQ4102

- Remot Start
- Keyless Entry
- 121 L Fuel Tank
- Trailer Tow Package
- SXT Appearance Group

WAS $38,645

Now $25,977

Plus 1.99% FINANCING OAC

4 AVAILABLE

# YOUR CHOICE!

### 2011 Ram CREW Cab 4x4 ST

- Trailer Tow Package
- 121 L Fuel Tank
- Remot Start
- Keyless Entry
- 5.7L V8 HEMI

11RC4098



WAS $41,645

Now $28,977

Plus 1.99% FINANCING OAC

Metro's ONLY CREW CAB ST with Remote Start & Keyless Entry!

## MORE GREAT TRUCKS...ALL IN STOCK NOW!

| | | | |
|---|---|---|---|
| Ram 1500 Quad Cab 4X4 SLT | (8 in stock) | was $40,145. | NOW $29,477 .plus 1.99% OAC |
| Ram 1500 Quad Cab 4X4 Bighorn | (7 in stock) | was $42,590. | NOW $31,677 .plus 1.99% OAC. |
| Ram 1500 Quad Cab 4X4 Outdoorsman | (3 in stock) | was $43,090. | NOW $31,977 .plus 1.99% OAC. |
| Ram 1500 Quad Cab 4X4 Sport | (7 in stock) | was $44,745. | NOW $33,577 .plus 1.99% OAC. |
| Ram 1500 Crew Cab 4X4 SLT | (8 in stock) | was $44,040. | NOW $32,977 .plus 1.99% OAC. |
| Ram 1500 Crew Cab 4x4 Outdoorsman | (3 in stock) | was $44,685. | NOW $33,477 .plus 1.99% OAC. |
| Ram 1500 Crew Cab 4X4 Sport | (4 in stock) | was $48,755. | NOW $37,077 .plus 1.99% OAC. |
| Ram 1500 Crew Cab 4X4 Laramie | (8 in stock) | was $50,445. | NOW $38,477 .plus 1.99% OAC. |

**Earn 1000 Reward Miles on any new or used vehicle purchase**

1000 reward miles

AIR MILES Travel and More

DARTMOUTH

Chrysler Dodge Jeep RAM

*Where Nova Scotia Comes to Save!*

469-9050

DDODGE.COM

Vehicles ARE exactly as shown. Prices are plus freight, accessories, fees and taxes.